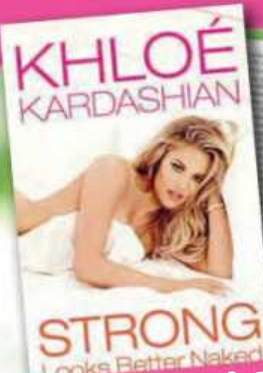


NEW WEEKLY!

NW



**KHLOÉ'S BOOK
BOMBSHELL**

The shock reveal

**'I'VE MET
MY REAL
FATHER!'**

**25
NEW
PICS**

STARS WITHOUT MAKE-UP!

STARVING & STRESSED



*Ange
& Posh*

**DOWN
TO 40KG!**

BACHIE SHOCK!

**RICHIE'S
DATING
TULLY!**



**...and Sam
set them up!**

FIRST PICS



**MEET GOZ'S
BABY GIRL!**



RICKI-LEE



SOFIA



KENDALL



KEIRA

★HOT★ SHOTS



'No catty remarks about the outfit, OK?'

★ PRETTY KITTY

Taking the stage in *Cats* at Sydney's Capitol Theatre, Delta Goodrem plays Grizabella, an ex-glamourpuss who's seen the world but fallen on mangy times. Let's hope life doesn't imitate art...



'My robot dance is better than yours'

'Can I get some hand sanitiser?'



'Behave or you'll get the snip'



'What do you think of that Hemsworth bloke?'

'You mean Chris? He's hot!'

PRINTS CHARMING

The Hunger Games stars Josh Hutcherson, Jennifer Lawrence and Liam Hemsworth are attending their handprint ceremony outside Hollywood's iconic Chinese Theatre. Way to make an impression!



'The beagle has landed!'

GONE TO THE DOG

As the comic strip that launched him turns 65, Snoopy's still top dog! He's hitting the LA premiere of *The Peanuts Movie* with soundtrack star Megan Trainor and getting his own star on the Hollywood Walk Of Fame!



'Jingle bells, Batman smells...'

SLEIGHED IT!

She's turned on many a fella, so who better to turn on London's famous Oxford Street Christmas lights? With a Yuletide album out this week, Kylie Minogue's getting right into the festive spirit!

★HOT★ SHOTS

HALLOWEEN
2015

*'Here's hoping
I score a Homer'*

*'I'm Casper the
unfriendly ghost'*

*'I might have
overdone the Botox'*

*'Worship at
my alter ego!'*

*'It's Halloween?
I had no idea...'*

★ CARTOON CLASSIC

D'oh! If Marge Simpson looked like this it'd be enough for Homer to swear off pork chops and Duff for good! Emily Ratajkowski kills it as Springfield's leading lady at Heidi Klum's New York Halloween do!

★ YOU SHOULD'VE XENA

Kylie Jenner reminds us of a certain warrior princess at her Bootsy Bellows bash in West Hollywood - but it turns out she's a sexy samurai! Er, OK then...

★ THE DEVIL INSIDE

Horny babe Alessandra Ambrosio proves to be the hostess from hell as she throws a Halloween party at LA nightclub 1 OAK.



'It's all Grease to me'

'This new diet is killing me'

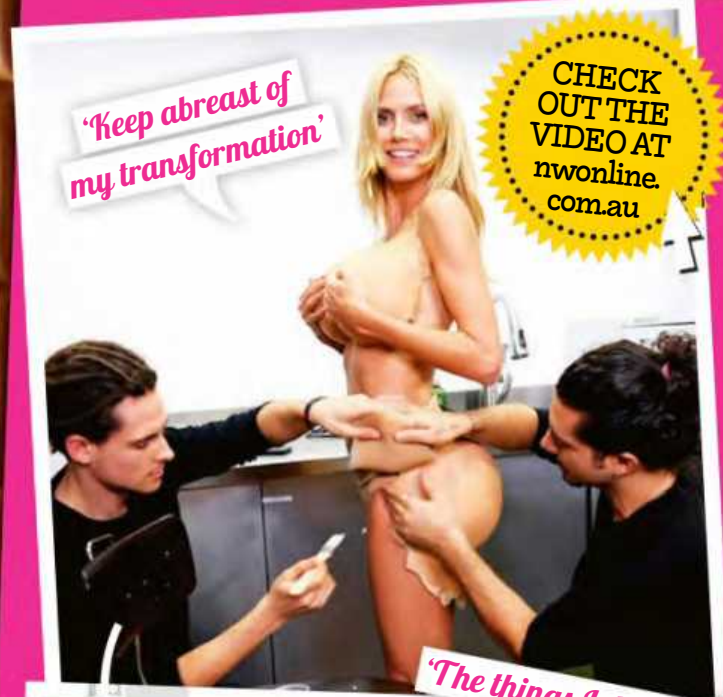
★ WHO'VE YOU KLUM AS?
For her annual do in New York, Heidi Klum channels Jessica Rabbit alongside a skeletal Casper Smart and Jennifer Lopez, while Gigi Hadid steps back in time as Sandy from Grease!



'Fur's gonna fly, Jenner!'

KOPYKAT KARLS!

★ COSTUME DRAMA
This could have been awks! As Josh Duhamel and Fergie masquerade as Karl Lagerfeld and his kitty Choupette at George Clooney's Casamigos Tequila party in Beverly Hills, Kendall Jenner rocks up across town at Bootsy Bellows dressed as the iconic Chanel designer. Great minds...



'Keep abreast of my transformation'

CHECK OUT THE VIDEO AT nwonline.com.au

'The things I do to get rid of blackheads!'



★ RABBIT FORMING
No-one will ever accuse Heidi of skimping on Halloween! Rocking a rubber rump, boobs and face, the stunner spent a truly impressive nine hours in the make-up chair to become Jessica Rabbit!



'Is this crack supposed to be here?'



Photos: Instagram

This week's

OMG moment

Like mother, like daughter!

Holy supermodel! Talk about a chip off the not so old and very gorgeous block! We had to do a double-take when we clocked these snaps of Cindy Crawford's genetically blessed look-alike daughter Kaia Gerber making the world a better-looking place on the set of *Extra* at Universal Studios last week. Doubling the wow factor, the mummy-daughter duo teamed up again to own the red carpet at the launch of Balmain's new line for H&M in West Hollywood. Our spider senses tell us there are big things in store for this 14-year-old fashion thoroughbred!

It's hard not to be gorge when it's in your genes!

Phew! If it weren't for Cindy's famous mole, we wouldn't be able to, er, spot the difference!

Stars tell a few home truths...

Yep, this week the stars are coming clean on just about everything!

Leah Remini's new Scientology tell-all has rocked Hollywood (page 20) and Shia LaBeouf shares tales of jail stints past in the new book *Prison Ramen* (page 26). He's been locked up six times since the age of nine!

Meanwhile, *NW* darling Khloe Kardashian gives candid insight into her childhood, her marriage to Lamar Odom and their painful split in her new book *Strong Looks Better Naked*. Read the exclusive extract on page 78.

Our fave faces are also baring all – quite literally – as they ditch the make-up and prove they're, well, kind of normal like the rest of us (page 32).

Enjoy the issue!

Mark
Mark Brandon
EDITOR



Inside *NW* this week

ON THE COVER

- 8 **Khloe** meets her real dad
- 10 Smitten **Sam** plays cupid
- 12 **Ange** is skinny as!
- 16 **Esmeralda's** big debut
- 29 **Posh** plummets
- 32 Stars sans the slap

NEWS

- 14 **Cait** snubs **Kendall's** party
- 18 Celebrity love shocks

- 20 **Katie** tells all... via **Leah!**

- 22 Did fame destroy **1D**?
- 24 **Gigi** and **Kenny** rock VS
- 26 **Shia's** crimes revealed
- 38 What **Nori** really thinks...

STYLE

- 52 Hot Or Not
- 56 Gold class
- 58 We love **Emily's** style
- 60 Bold botanicals

- 62 Summer make-up sorted

- 64 Mask mania

PLUS

- 28 The Big Questions
- 40 The Week In Pics
- 66 Body Blitz
- 70 Puzzles
- 72 Music, TV & Movies
- 76 Reality Weekly
- 84 Wait! There's More!

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Khloe's new book bombshell

'I'VE MET MY REAL FATHER'

The reality star gears up to lift the lid on her family's biggest secret

Speculation regarding the identity of Khloe Kardashian's biological father has been rife for years – but it seems we're finally about to find out the truth!

Hot on the heels of her debut book *Strong Looks Better Naked* comes news that the reality star is gearing up to reveal the results of a secret DNA test in a sensational second memoir.

"Khloe was bowled over by the public's reaction to her autobiographical fitness book,

so she's already in talks with publishers to write another – only this one's going to be much more salacious," spills our Kardashian insider.

"It's going to lift the lid on some of her and her family's deepest, darkest secrets, including the identity of her real dad, who she's already met!"

Ever since her former stepmum Jan Ashley – who married Khloe's dad Robert after he divorced her mum Kris Jenner – alleged, "Khloe is not his kid – he told me that after we got married," the paternity issue has been a hot topic of debate.

Even Khloe herself brought it up all the time, says Jan, adding that with her height, complexion and curly hair, she "didn't look anything like the other three children".

Indeed, the 31-year-old nearly took a DNA test in 2013, but backed out at the last minute. Since then, it's been a sensitive subject.

But the cat could soon be out of the bag, given reports Khloe has been holding a string of secret meetings with the man many believe to be her real papa, Kris's hairdresser of more than 30 years Alex Roldan!

"They've been spending a lot of

time together lately and she's been leaning on him for advice," says our insider. "It's all under the radar, as the last thing they need is extra attention, but their closer bond of late has raised eyebrows."

Adding to Khloe's paternity saga, reports dropped last week that OJ Simpson has steadfastly rejected ongoing speculation he's the father.

The jailed former NFL pro is said to have denied ever sleeping with Kris, 60, who's rumoured to have had an affair with him around the time Khloe was conceived.

"I would never do that to my friend Bob," OJ, 68, reportedly told a former prison guard.

"I would never tap Kris."

But stylist Alex has always been the

favourite, with eagle-eyed bloggers quick to point out that he and the reality star bear an uncanny resemblance.

"They have very similar features," comments one, adding that Khloe – who herself admits she looks nothing like her siblings – "finally looks like someone".

What's more, in 2012, Khloe's little sister Kylie Jenner further added fuel to the fire when she posted a pic of KoKo posing with Alex on Twitter.

"First official photo of my sister and her dad! Like father like daughter!" tweeted Kylie, who was 15 at the time.

Let's hope, for Khloe's sake, the truth will finally set her free! ■

**'THEY'VE
BEEN
SPENDING A
LOT OF TIME
TOGETHER'**

**More
daddy
drama!**

In a bid to put paid to reports that he is Khloe's dad, OJ Simpson has spoken out via retired prison guard Jeffrey Felix, insisting he would never betray his best friend Robert Kardashian. "He's got Khloe begging him to take a paternity test," Jeffrey told a New York newspaper. "His life is rough."

**OJ's serving
time for
armed
robbery and
kidnapping**

**OUTED ON
TWITTER!**

The internet went into meltdown in 2012 when Kylie tweeted this photo of Alex and Khloe, whose middle name just happens to be Alexandra! Hmm...

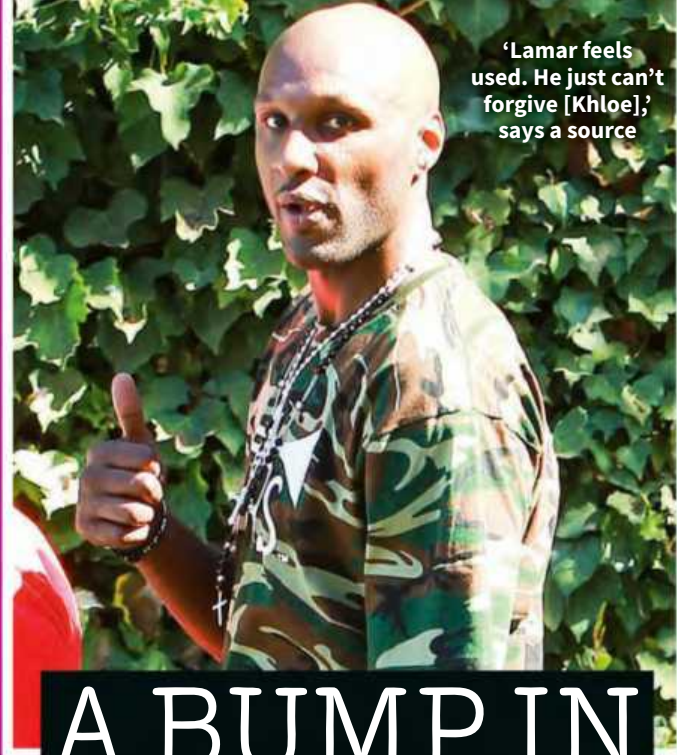




After extensive one-on-one time with Alex, we hear Khloe is convinced

Exclusive extract

Read an excerpt from Khloe's book on page 78!



'Lamar feels used. He just can't forgive [Khloe],' says a source

A BUMP IN THE ROAD

Lamar Odom always knew the road to recovery was going to be tough, but an explosive row with estranged wife Khloe has made things a lot harder.

A dramatic scene last week saw the usually placid former NBA star throw KoKo out of his hospital room at LA's Cedars-Sinai Medical Centre after he found out about the tell-all interview for US mag *People* she did at his bedside.

Convinced the klan are cashing in on his recent drug overdose, 36-year-old Lamar hit the roof.

Making matters worse, he also discovered Khloe's money-minded mumager Kris had been trying to wrangle a multimillion-dollar deal on his behalf to sell his first interview to the highest bidder!

"Kris is already thinking about the possibility of managing Lamar's media interests for a money-spinning interview,"

a source has told celeb news website

HollywoodLife. "She thinks it'll look better for his image."

Feeling hurt and betrayed, Lamar – who's said to be off dialysis and walking – flipped.

"Lamar said he needed space and wanted to be alone. The interview was too much," says an insider. "He told her to get out of his room."

Adding even more salt to the wound, Lamar was crushed that Khloe is still in touch with her boyfriend, NBA star James Harden, 26.

"James has been very supportive and awesome. He's been great with me," she gushed recently.

It looks like poor Khloe's attempts to please everyone have backfired big-time!

THE SHOW MUST GO ON!

Kris pretends to have his best interests at heart but according to reports, she sees Lamar's hospitalisation as "a huge audience-puller for any major network".





All smiles at the Melbourne Cup on November 3

Smitten plays

She's hooked Richie up with her mate Tully!

Sam Frost always said she wanted a man who'd make her laugh. And judging by her giggles with Sasha Mielczarek at the Melbourne Cup – their first public outing as a couple – she's got just that! Still caught up in a love bubble, 26-year-old Sam beamed as she affectionately snuggled up to Sash, who couldn't stop showering her with kisses before revealing that he pinches himself every day. Cute!

And now that Sam's love-life is complete, we hear she's been playing matchmaker and has hooked up her favourite Bachie

Mates & lovers

Sasha's number is saved as Old Mate on Sam's phone, and the nickname's stuck.



RICHIE'S DATING TULLY!

While their trackside lip-locking got tongues wagging, Richie and Tully had also hung out beyond the races, Instagramming a group pic at a David Guetta concert. Tully also captioned a cutesy snap of the "besotted" pair at Oaks Day, "Fun few days with this dork." Aw!

Sam and Tully are pals from the social scene

Sam Cupid!

runner-up Richie Strahan with her mate, *Big Brother* star Tully Smyth.

"Sam loves Tully and she thought her and Richie would make a gorgeous couple, because they've both got great energy," our insider says. "It looks like she's right because they haven't been able to keep their hands off each other!"

As well as pashing at the Melbourne Cup, Richie and Tully were more than happy to pose together on the red carpet at Oaks Day, also at Flemington Racecourse.

"Richie looked besotted! He was so cute going to the bar to get her drinks and they were very touchy-feely and didn't care who saw," says one onlooker.

Cool bananas! ■



DAVE

SAM'S 'EXES' MOVE ON!

Bachie boys Michael Turnball and Dave Billsborrow were also out in force for the big day – and let's just say things got a little wild! A sockless Dave enjoyed a good flirt with a hot blonde, who seemed to find his crude gestures alluring, while the rest of the ladies hung off Michael's every word!

MICHAEL



The couple brave IKEA on November 1

Romantic trip to IKEA

The beginning of their relationship was spent enjoying mind-blowing dates on *The Bachelorette*, but shiz just got real for Sam and Sasha!

Yep, it looks like the pair are already making a home together – and it must be love because they even managed to make IKEA shopping look fun.

With Sam now working on radio, it looks like Sasha will be moving from the NSW South Coast to be with her in Sydney once his building contract is up.

"We live around two hours away from each other," he tells NW. "We have talked about moving in, but I've got some jobs on the South Coast... We'll move in, travel together, hopefully not kill each other... and then I'll drop a knee."

Yep, as our cute nest-making pics show, things are moving fast!



Flatpacks are no biggie for this builder!





Back to bones

Tiny Ange turns heads in New York on November 4.

Angie's weight plummets

DOWN TO 40KG

Brad looks exhausted, too, at the gala in New York City

Brad's fears for his wife grow as her weight hits a scary all-time low!

Despite hubby Brad Pitt's efforts to get Angelina Jolie to pay attention to her health, the actress is looking thinner than ever – with her weight on a dangerous downward spiral.

When the mum of six stepped out for an event at New York's Museum Of Modern Art last week, she drew sharp gasps from fellow attendees – for all the wrong reasons.

Instead of creating buzz for her new film *By The Sea*, Ange's emaciated frame once again took centre stage.

"It was a real shame," says one onlooker. "Angie's razor-sharp shoulder bones and skeletal arms stole the spotlight."

Skin and bones

With talk that the stick-thin starlet's weight has dropped to just 40kg,

insiders say worried hubby Brad feels more helpless than ever. It seems not even the calorie coach he's hired to help Ange eat healthily has been able to improve things.

Health fears

Unsurprisingly, after being diagnosed with both BRCA1 and BRCA2 cancer genes and having a double mastectomy and hysterectomy in the space of 12 months, it's not just Ange's physical health that's taken a beating.

Her state of mind is increasingly becoming a cause for concern. Despite swearing that her and Brad's joint project *By The Sea* is "not autobiographical", the 40-year-old is widely suspected to have

based the troubled central couple on Brad and herself.

In the flick, Ange – who's admitted to having a total "emotional breakdown" during her directorial debut *In The Land Of Blood And Honey* – plays Vanessa, who she describes as "frail, tortured, hemmed in. She

feeds her mourning a diet of pills and suicidal fantasies".

Meanwhile, Brad character Roland "is defeated by the seclusion of her anguish, and drinks". Yikes!

Whether this is yet another case of art imitating life remains to be seen... ■

'ANGIE'S SKELETAL ARMS STOLE THE SPOTLIGHT'

Body insecurities

Angie opens up about baring all



While Ange is a natural in front of the camera in this shoot for *WSJ* mag, the brave star had to summon great courage to strip off for a bathtub scene in *By The Sea*. "I told myself... 'You can't change or cut this because you've had a double mastectomy. That'd be cheating.'"



Photos: Peter Lindeburg/WSJ Mag



ANGE OPENS UP

The notoriously private star has given us a glimpse into...

1 Her late mum's cancer battle
"My mother was an Earth Mother, the nicest person in the world. The specific grief came from the woman I was closest to, seeing her... body fail her."

2 Being with Brad
"Brad and I have our issues."

We're actually very, very stable... Through my surgeries he was on my side and that this wasn't going to be something where I was going to feel less of a woman because my husband wasn't going to let that happen."

3 Her cancer surgery
"The doctor that did my ovary surgery was my mother's doctor," Ange says. "Apparently my mother had said to her, 'Promise me you will take Angie's ovaries out.' So when we kind of got together, we both had a big cry, and she said, 'I promised your mother, and I gotta do this.'"

4 By The Sea
"I wrote *By The Sea* because I wanted to explore grief," the actress reveals. "Much of the film and my character is very much about my mother, and my feelings about my mother... Everybody in the film represents a different way of addressing grief... Some have yet to experience it, some are able to come to terms with it, and some are overwhelmed by it."

5 Her brood of six
"I want to make sure my kids are never worried about me. Even if I'm going through something, I make sure they are very aware that I'm totally fine. I'll stop and make a joke, I talk to them. I never, ever want them to have that secret worry and feel that they have to take care of me."

Kenny's B-DAY BU

Her warring folks
ruin the reality
star's big night

The klan's motto has always been "Family first", but it looks like Caitlyn Jenner has tossed that memo out, ditching daughter Kendall's 20th birthday party last week to avoid a run-in with her ex Kris!

While sisters Kourtney, Kim, Khloe and Kylie, as well as pals Justin Bieber and Drake, all showed up to Kenny's special night at Hollywood hot spot The Nice Guy, the absence of Cait cut self-confessed daddy's girl Kendall to the core.

"Kendall blew a gasket. She was devastated when Cait didn't show up, so she called her up to confront her over it," spills our Kardashian insider.

And even though Cait plans to surprise Kenny at her first Victoria's Secret Fashion Show this week, it's going to take a lot more than that to mend bridges.

What's more, rather than comfort Kenny, Kris took the opportunity to diss her ex. "Kris made things worse by trashing Caitlyn over her no-show, gloating about how typical it was," adds our source. "It ruined Kendall's night."

Indeed, we're told things are so bad between Kris, 60, and Cait, 66, they can't stand to be in the same room together.

In fact, they're making their girls have two birthday bashes from now on just so they can both attend!

Sadly for Kendall

— who admits she rarely visits her dad at her Malibu home — this has been par for the course ever since 66-year-old Cait began her gender transition earlier this year.

And in the latest season of *Keeping Up With The Kardashians*, Kendall reveals that her parents are forcing her and Kylie to take sides in the bitter feud.

"Dad and mum put me and Kylie into choosing between them," she tearfully confesses. Yikes!

"Kenny feels like she's been asked to take sides and this crazy one-upmanship rivalry is tearing her up inside," says our source.

"For this to happen on her birthday was too much. It's time they both grew up and stopped letting their issues ruin things for everyone." ■

**'SHE WAS
DEVASTATED
WHEN HER
DAD DIDN'T
SHOW'**

All the sisters were out in force

JUST-UP WITH CAIT!



Cait had everyone talking when she stepped out with a mystery fella in Calabasas on October 30

Toyboy alert!

Cait and Kris's refusal to even acknowledge each other is now impacting on the family. With Kris and her beau Corey Gamble attending Kendall's party, Caitlyn stayed well away!



Gigi and Joe call it quits

Tongues were wagging when Gigi Hadid turned up to her bestie's party *without* boyfriend Joe Jonas in tow, and within 24 hours the reason why was revealed – the pair had called it quits only days earlier!

After just five months of dating, insiders say the up-and-coming Victoria's Secret model's hectic work schedule forced her to call time on her romance with the 26-year-old crooner. We can't even!

"Nothing serious happened... It wasn't a dramatic break-up," says a source. "They will definitely remain friends". Hmm...



Is Kourt taking Scott back?

Well, it sure looks like *someone* regrets being a massive douche!

We hear Scott Disick has been bombarding his ex Kourtney Kardashian with love letters begging for one last chance!

What's more, the troubled 32-year-old – who checked into rehab at Cliffside Malibu in October to deal with his longstanding alcohol and drug addiction – may have succeeded!

We're told Kourt, 36, was moved to tears when she read his sad note, in which "he talked about how the only time he's ever been happy has been with her and the kids, and how much he loves her and wants to marry her", before she paid a visit to the luxe recovery retreat.

Watch this space, guys!



While they've visited him previously with her mum, Kourt took the kids to see Scott in rehab herself on November 1. Is the ice thawing?



Make-up lessons start early in LA!



Make no bones about it, this is one adorbs family!



At last Esme

After more than a year of waiting, Hollywood's most elusive tot makes her big public debut... kind of!

Under the mask

There's no disguising Ryan's love for little Esme!



We've waited 13 long months to catch a glimpse of little Esmeralda Amanda Gosling – and last week we finally got our chance! Well, at least we're pretty sure it was her!

While we would have loved to see whether she's rocking dad Ryan Gosling's baby-blue eyes or mum Eva Mendes's luscious lips, we couldn't tell because her super-cute face was hidden underneath layers of Halloween make-up! But if we had to put money on it, we'd bet the adorable



Trick-or-treating is tiring work

Candy crash

Sorry, Ryan, you're still Hollywood's hottest man!



t! Meet baby esmeralda! (ALTHOUGH SHE'S NOT EXACTLY WHAT WE WERE EXPECTING...)

bub's been blessed with both her parents' good looks!

Indeed, Esmeralda – who was born on September 12 last year – was still the cutest little skeleton in Hollywood as she enjoyed her first trick-or-treating experience.

But even though Ryan, who turns 35 this week, and Eva, 41, looked every inch the proud parents in their matching outfits, we won't be holding our breath for a repeat of Esme's blink-and-you'll-miss-it public appearance

After all, the couple have a seriously strict private-

parenting policy, even banning friends from bringing cameras to their little one's first birthday party.

"Privacy is going to be very difficult for Esmeralda," says Eva – who insisted on staying mum about her pregnancy for the entire nine months.

"I think it's unfair but that's our reality. So Ryan and I decided early on to give her as much privacy as we could."

In that case, we look forward to seeing her again next Halloween! ■

So what does she really look like?



We called in the experts to find out what's under the make-up. Too adorbs!



ARTIST'S IMPRESSION

Stressed Sofia

'THE WEDDING IS OFF!'

Her hotly anticipated wedding to *Magic Mike* hunk of spunk Joe Manganiello was originally slated to take place on November 22 at Florida's Breakers Palm Beach resort. But guests might want to start looking into wedding gift refunds – it seems stressed-out, hot-headed Latina lovely Sofia Vergara is threatening to call the whole shindig off. Yikes!

While the *Modern Family* sex bomb said she was “very excited” about exchanging vows with Joe, 38, in front of 400 of their nearest and dearest – “It was hard to cut down,” she’s admitted of the ridic guest list – it’s all gone pear-shaped.

Her ongoing legal battle with ex-fiancé Nick Loeb over the rights to two female embryos they had frozen during their fiery four-year relationship has pushed the 43-year-old to the edge!

And now she’s heading to court to fight it out after a judge rejected her motion to throw out Nick’s lawsuit.

“She’s only a few weeks away from her dream wedding and instead of being excited she’s depressed and crying,” our source says. “She can’t sleep and keeps having panic attacks. It’s thrown everything into chaos and she’s cancelled the wedding more than once.”

Nuptials nixed?

The impending court battle with her ex is causing tension between Joe and Sofia.

Nick and the court papers outlining the dispute



Blake and Gwen IT'S OFFICIAL!

Yee-haw! Gwen Stefani is back in the saddle after parting ways with muso hubby Gavin Rossdale. Yep, after keeping us guessing for a bit, *The Voice* coach Gwennie, 46, has confirmed she's loved-up in a shiny, brand new, hot-and-heavy relationship with country crooner Blake Shelton, 39. "Gwen and Blake are longtime friends who have recently started dating," her rep confirms.

The new lovers did the rounds at pal George Clooney's Casamigos Tequila Halloween bash before hitting up Jared Leto's Hollywood Hills afterparty – plus they were spotted holding hands after last week's CMA Awards!

"He was hugging and dancing with her from behind, whispering in her ear," says an eyewitness from Jared's do.

And the cuties are clearly feelin' the love of the honeymoon period, as they only stayed at Jared's for 40 minutes before jumping in a car together and taking off – presumably to carry on with their private party for two at home!

"Their chemistry is off the charts," a *The Voice* insider says. Go, Gwen!



No doubt about it

"I think he's hot, don't you?" Gwen said of Blake on Ryan Seacrest's radio show.

Wild ride?

Gaga's ménage à trois!

Clearly three isn't a crowd when it comes to Lady Gaga and fiancé Taylor Kinney's sex life, given saucy new reports the kinky couple enjoyed a steamy three-way romp with Tay's *Chicago Fire* co-star Monica Raymund!

What's more, the sizzling ménage à trois was even captured on camera, with Gaga, 29, happily snapping evidence of their X-rated hook-up to her Instagram account! Erm, we're guessing these won't be making it into the family album, guys...

"Taylor loves Gaga, and he loves Monica," a source tells the *National Enquirer*. Clearly!

But this wouldn't be the first time Gaga has taken a trip to Ladytown. The open-minded singer has come clean about her bisexuality on multiple occasions.

"I like girls. I've said that [before]," she says. "I know people think I just say things to be shocking, but I actually do like p**sy. It just depends whose p**sy it is." OK then!

Taylor, 34, is having the time of his life, with a source saying how "turned on by it all" he is. Well, sharing's caring!



Three of a kind

Monica and Gaga tuck into a Tay sandwich in the saucy snaps!

Katie's REVELATIONS



United front

"When she left [Scientology] and the manner that Katie left, I was like, 'Wow, the girl has some balls,'" Leah says



Katie stands behind another ex-Scientologist, who's released a shocking new book!

After years of secrecy, a new tell-all about Katie Holmes's marriage to devout Scientologist Tom Cruise is set to unleash shocking new revelations about her time in the controversial cult!

Given long-suffering Katie was reportedly forced to sign a non-disclosure agreement preventing her from discussing Tom or the church, former Scientologist Leah Remini has risked retribution from the secretive organisation by penning the explosive read, *Troublemaker: Surviving Hollywood And Scientology*.

Leah – who joined the religion as a kid and left in 2013 – is lifting the lid on the horrors she experienced, from being forced to work 12-hour days to sleeping in a cockroach infested dorm and even taken out to sea

and thrown from a boat for slacking off work. And it's a fate that could also have awaited Tom and Katie's daughter Suri...

Suri neglected

Leah recalls a distressing incident that saw Tom pressure new mum Katie into leaving



Suri's teary turn at the dinner had an upsetting fallout for Leah

their then baby daughter Suri crying on a bathroom floor during a dinner prior to their lavish 2006 wedding at Italy's imposing Odescalchi Castle.

"The wails of a seven-month-old infant echoed through the celebrity-studded dinner. It was their daughter Suri – but neither the baby's mum nor the other guests showed concern," writes Leah, 45, who says she insisted on checking on the tot, only to be punished by the church. "The behaviour as a guest, a friend, was very upsetting," Katie wrote of Leah in a "knowledge report" after the wedding.

Validating Leah's claim, Katie has offered her a public

ROYED SCIENTOLOGY

VENGE

tell-all!

apology, saying, "I regret having upset Leah in the past and wish her only the best in the future."

Kids brainwashed

Anyone not part of the Church is frozen out – just ask Nicole Kidman, who, says Leah, no longer sees her adopted kids Bella, 22, and Connor, 20, because she left the Church after divorcing Tom in 2001.

When Leah asks if she ever spoke to Nicole, Bella, who was 13 at the time, replied, "Not if I have a choice. Our mum is a f**king SP [Suppressive Person or Church enemy]."

And Leah says she understands why Katie fled, revealing to interviewer Amy Robach that, like the actress, she didn't want her 11-year-old daughter Sofia to have to choose between her family and the Church.

"I know now she did what she did because she had to protect her daughter," Leah says.

Tom's temper

He may be 53 but behind closed doors Leah says Tom acts like a "big kid", playing hide-and-seek with guests such as Jada Pinkett Smith at his sprawling LA property.

She also recalls seeing Tom "come undone", berating an assistant for not preparing a batch of cookie dough for him to bake with friends.

"He screamed, 'Get in the f**king present time!'" she says.

He also lost it when an aide handed him a chipped teacup.

"You served me a chipped mug?" Tom yelled, calling the helper a "f**king DB" – an abbreviation of the derogatory Scientology term Degraded Being.

Celeb hit list

In its bid to target and recruit more cashed-up, high-profile celebrities, Leah claims the church once tried to brainwash her bestie Jennifer Lopez by inviting her to attend TomKat's star-studded nuptials.

"The Church was really the one who invited them. On Tom's behalf," Leah reveals. "They wanted to make Jennifer a Scientologist."

With skeletons tumbling out of the closet from all sides, insiders say the Church is in a blind panic that other damning secrets could make their way into the public arena.

"Tom is reeling and mad as hell over what Leah's saying," a source tells US mag *In Touch*. "But Tom, David and the Church really despise Katie. Mark my words – years from now, she'll be seen as the catalyst that brought Scientology to its knees." ■

Connor and Bella (below) only really text Nicole



'OUR MUM'S A F**KING SUPPRESSIVE PERSON'



J.Lo, here with Marc Anthony and TomKat, was in the Church's sights

How fame shattered our fave boy band

After five studio albums in five years, 91 number-one hits worldwide and tours in front of more than 7.5 million fans, One Direction have finally called it a day. Yep, while burnt-out members Harry Styles, Louis Tomlinson, Liam Payne and Niall Horan assured fans their hiatus is temporary, insiders say their gig

on October 31 in Sheffield, UK was their last – and they're throwing in the towel for good!

"None of us ever gets enough sleep," Liam admitted recently. "Basically, we are all a mess."

Amid rumours of substance abuse, feuds, unsafe sex and eating disorders, Niall seems to be the only one to get out unscathed. The end is here... and not a moment too soon!

Liam's career played a major role in his split from Sophia

LIAM CAN'T STOP BOOZING

Following his recent split with his girlfriend of two years Sophia Smith, 21, Liam has been drinking away the pain.

"I'm absolutely devastated to have split with Sophia," he says, as rumours swirl that his career and hard partying are to blame. Indeed, it seems turning to the bottle to cope is nothing new for Liam, whose heavy boozing has become a real cause for concern.

In fact, the once-squeaky-clean singer openly admitted to having a drinking problem in September!

"I'm not afraid to say that I actually went through a pretty bad [drinking] stage," the 22-year-old confessed to UK mag *Altitude*. "There were a lot of things on my mind and that's what helped me through."

But binge-drinking seems to be back on the menu, with reports Liam missed a Belfast gig just weeks ago because of a "mystery illness" insiders say was booze-related.

One D RUIN

Louis f
into fat

Briana feeds her bump in Calabasas

Two's direction

Briana and Louis are planning to raise their daughter together.

The first 1D baby is rumoured to be arriving in January



ED US!

forced therhood

No-one could blame Louis from hitting the dating scene hard after his March split from Eleanor Calder, who he was with for four years. But we're betting the 23-year-old didn't bank on becoming a daddy so soon!

LA stylist Briana Jungwirth, 23, is expecting her first bub with Louis after he knocked her up during a fling earlier this year.

And despite standing by Bri, saying he's "excited" to become a dad, the Lothario hasn't learnt his lesson.

Carrying on his babe binge and partying harder than ever, the singer has been linked to Fifth Harmony singer Lauren Jauregui and model Tamara Bell.

"It looks like another accident just waiting to happen," says a source.



Louis looked gaunt and dishevelled in Newcastle, UK on October 26

HARRY'S WEIGHT-LOSS OBSESSION

He's always been proud of his whippet-thin frame, recently boasting that he wears "26-inch [66cm] waist women's jeans". But those in Harry's inner circle say the stressed-out 21-year-old has all but stopped eating!

While the floppy-haired crooner previously said he maintained his slender body by leading a "protein and Pilates" lifestyle, last week he let slip that he's surviving on just one cup of "bullet coffee" every day.

"You don't get hungry," he said of the unhealthy concoction of black coffee, a spoonful of butter and a spoonful of coconut oil.

Given the fad drink – which is believed to aid weight loss when combined with periods of fasting

– contains just 1845kJ, Harry's getting way less than the recommended 8700kJ per day.

What's more, Niall, 22, reckons Harry's exercising more than ever!

"Harry is super-fit. He does 12 five-minute rounds of boxing every day and goes for runs," he says.

Image obsessed

"I do yoga, a bit of meditation, Pilates," Harry says.



VICTORIA'S SECRET 2015 ROCKED BY SCANDAL!

Bust & a sh

Gigi's said
to be self-
conscious
about her
moles

As the new Angels hit the runway, their wing feathers are already ruffled!

It's one of the most glamorous gigs on the fashion calendar, but beneath the perfect veneer of the annual Victoria's Secret Fashion Show, things are turning ugly – fast!

What started out as a dream come true for VS newbies Kendall Jenner and Gigi Hadid, both 20, is turning into a nightmare, with the Hollywood golden girls falling victim to bitching and body bullies!

Yep, the appointment of the reality royals has ignited a major blaze, with Rihanna pulling out of the show and former VS stars lining up to call out the brand!

VS model Jourdan Dunn, 25, is raging! "Feeling so much better about not doing BS... Sorry I mean VS now that Rihanna isn't doing it also," she vented on Twitter.

Sour grapes, anyone?

And they're not the only ones with a bee in their bonnets about Kendall getting the gig over lesser-known faces.

Last year, model Lexi Boling tweeted that Kenny's spot in the Marc By Marc Jacobs show at New York Fashion Week marked "the season of the entitled".

Meanwhile, VS alum Blanca Padilla reckons Gigi only got the gig because of her Insta fame.

"If it was me with your same measurements going to a casting they would send me home to lose weight," she rages. "Most of us have to conform to extreme measurements because otherwise we won't book any jobs while others have the privilege to say that designers love them despite their curves."

"Maybe your millions of followers on Instagram might have something to do with it as well."

Meddling momager

Adding fuel to the fash fire are reports momager Kris Jenner pulled strings to get Kenny the gig!

"When VS announced Gigi had the job, Kendall had a meltdown and Kris went into crisis

Silly little girls

While initially blaming the singer's walkout on other commitments, insiders say the real reason RiRi, 27, cancelled is because she thinks using the pair in the show turns it into a joke!

"She's really disappointed in Victoria's Secret for selling out and hiring two average-looking Hollywood brats," reveals our exclusive insider.

"She doesn't want to be involved in a show that turns a big fashion event into a 'look at me' popularity contest. She's got no time for them and their squad – they're just silly little girls."

Unfair advantage

Even 20-year-old Kendall and Gigi's one-time pal and former

Kendall & Gigi TAKE ON THE HATERS

Kenny was body shamed in 2014 after pics appeared of her natural-looking legs on the Tommy Hilfiger catwalk. Then, after coping criticism during New York Fashion Week in September, Gigi took to Instagram to slam the shamers, writing, "Your mean comments don't make me want to change my body."



t-ups, bribes mock walkout!



Puppet mistress?

Insiders say Kris is pulling strings to get Kenny her wings.

mode,” says our Victoria’s Secret mole. “VS were 50/50 about it, but using every string she’s got, including Kim Kardashian and Kanye West, Kris managed to get Kendall on that catwalk in three days. She wasn’t going to let Gigi outshine ‘their Kenny’.”

And let’s face it, no-one outshines a Kardashian and gets away with it! ■

They’re no angels!

Rihanna and Jourdan have made it clear they’re not down with Gigi and Kendall. RiRi’s canned her gig and Jourds had a swipe at the show, calling it BS!

Jourdan Dunn
Feeling soo much better about not doing BS
.....sorry I mean VS now that Rihanna isn't
doing it also

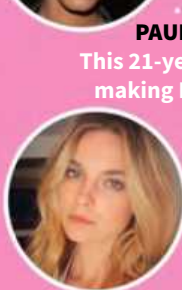
Meet the new Angels

Walking in the Victoria’s Secret show is a hugely coveted gig most models can only dream of. This year, joining seasoned Angels like Lily Aldridge, 29, who gets to wear the 18-karat gem-encrusted Fantasy Bra – worth \$2.8 million! – are these lucky newcomers...



LEILA NDA

The 24-year-old babe was born in the tiny landlocked African country of Burundi.



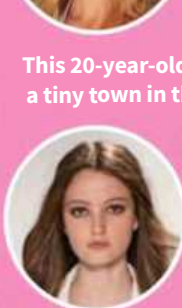
PAULINE HOARAU

This 21-year-old will be making France proud.



BRIDGET MALCOLM

The Perth star, 20, is engaged to US muso Nathaniel Hoho.



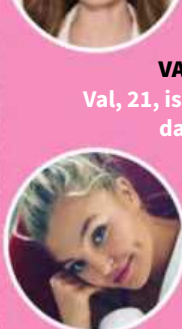
SANNE VLOET

This 20-year-old stunner’s from a tiny town in the Netherlands.



MEGAN PULERI

Country gal Megan, 18, is putting Ohio on the modelling map.



VALERY KAUFMAN

Val, 21, is rumoured to be dating Jared Leto.



RACHEL HILBERT

The 20-year-old is known for her work with the VS youth line PINK.



VITA SIDORKINA

The 20-year-old Russian is a fresh face for Victoria’s Secret.

Kendall’s been called too skinny and says, ‘It’s not a nice feeling’



SHIA'S LIFE OF

HOLY RAP SHEET! THAT'S SOME CRIMINAL RECORD!

CRIMINAL!

He's no stranger to run-ins with the law, but it turns out Shia LaBeouf has racked up more trips to the slammer than Lindsay Lohan!

Yup, in the new tell-all book *Prison Ramen*, Shia, 29, reveals he's been banged up a total of five times over the years – starting when he was just nine years old! And that's not including his most-recent arrest in Texas last month for public intoxication!

But rather than feeling embarrassed, the loose cannon finds it “freeing to f**k up”.

From petty theft to trying to stab his neighbour, he's pretty much done it all...

DATE

1995

AGE

9

CRIME

Stealing a pair of Nike sneakers in Pacoima, LA

Back when he was still knee-high to a grasshopper, the sticky-fingered nipper was held for pinching a pair of runners! “I was arrested for stealing a pair of Nike Cortezes from a local shop and held for six hours,” he says. Sneaky!

DATE

1997

AGE

11

CRIME

Stealing a Gameboy Pokémon game in Tujunga, California

He might be worth \$34 million these days, but he hasn't always had cash to splash. “I was arrested for stealing a Gameboy Pokémon from Kmart,” he confesses. “That time, too, I was in a substation for about six hours.”

Orange is the new black for jailbird Shia

DATE

2005

AGE

20

CRIME

Assault with a deadly weapon in Van Nuys, California

After years keeping his nose clean, things took a nosedive when a row turned nasty and Shia spent two days in the slammer. “I tried to stab my neighbour,” he writes. “I at least understood that being in jail is not the move. It sucks ass.”

DATE

2007

AGE

21

CRIME

Criminal trespass in Chicago

Shia writes that his overnight stay in a Chicago jail after refusing to leave a Walgreens pharmacy was the “best sleep ever”. But as he once told David Letterman of the incident, “Drinking and driving is one thing, but drinking and shopping... it's just as bad.”

DATE

2014

AGE

28

CRIME

Disorderly conduct and criminal trespass, New York

The day Shia spent behind bars in the Big Apple wasn't all bad. “I went to see the play *Cabaret*. I didn't behave very well during the performance and ended up spending 25 hours or so behind bars,” he writes. “While there, I did have a terrific egg sandwich.”

DONATE TO A FOSTER CHILD THIS CHRISTMAS

There are over 43,000 Australian children currently in foster care.
Donate to help them this Christmas at:
www.thepyjamafoundation.com



HOW DOES YOUR DONATION HELP?

\$50

Helps to train a Pyjama Angel to support a child in foster care

\$25

Buys a child in care a book or puzzle for Christmas

\$10

Assists a child in the *Love of Learning* program

EDUCATION + POSITIVE RELATIONSHIPS = A BRIGHTER FUTURE

This week's **BIG** QUESTIONS

Cheat's guide to all the goss!

Photos: Instagram

Selfies with Jonathan during their trip Down Under in January

1

DOES SAM NEED DATING ADVICE?

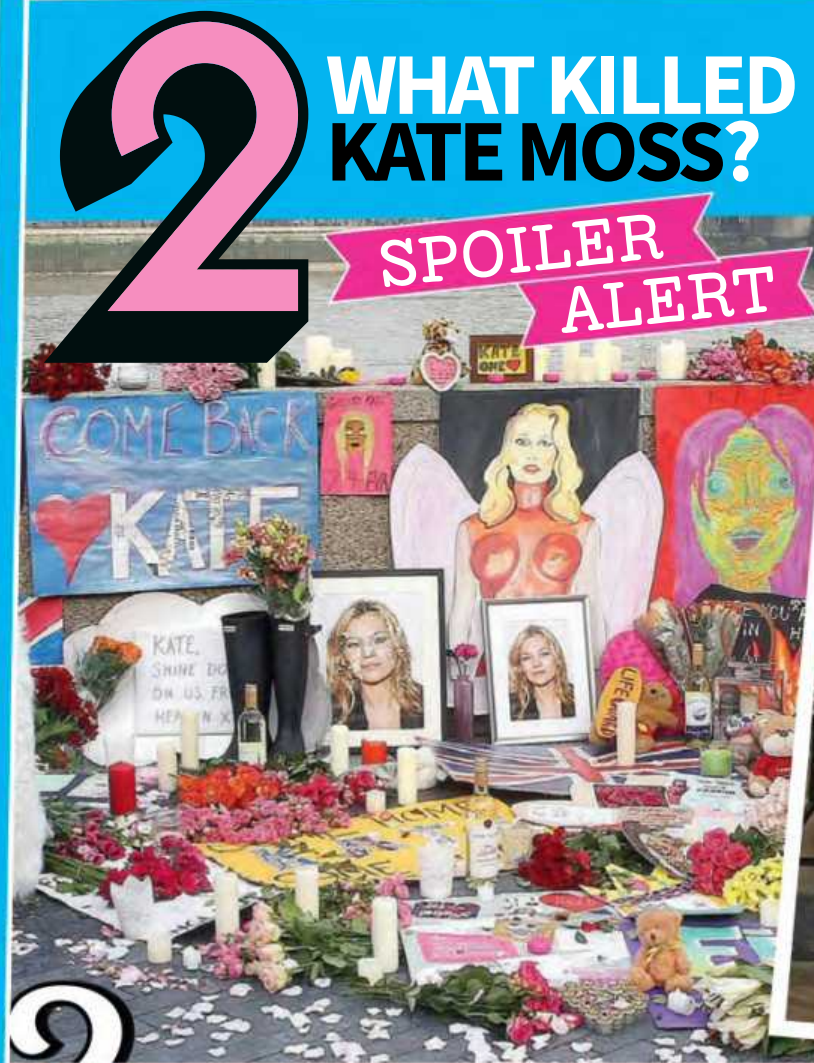
Stay with Me singer Sam Smith just can't get a man to stick around!

Despite having a two-month fling with model Jonathan Zeizel, 24, earlier this year, the 23-year-old Brit crooner says "he's never had a boyfriend".

What's more, he just doesn't see a new romance happening any time soon.

"I'm still learning what's right and what's normal in dates," he says. Bless!

Sam says he's not sure if he's even ready for a relationship



WHAT KILLED KATE MOSS?

SPOILER ALERT

3

IS ST VINCENT FEELING THE AGE GAP?

Engagement and break-up rumours have plagued their relationship, but it's the 10-year age difference between St Vincent – aka Annie Clark – and Cara Delevingne that's really causing the most strain.

In an interview with US *Harper's Bazaar*, the 33-year-old muso says she never felt more like an outcast than during celebrations for Cara's 23rd birthday at a male strip club in Toronto in August.

"I look like a creepy serial killer, lurking," she moans. "Everyone else is fun, young and flirty, and I look like Yoko Ono."



Is Annie feeling overwhelmed in Cara's world?

Cara's party posse act their ages

Ab Fab, fans look away now! Jennifer Saunders and Joanna Lumley were spotted on the London set of their new movie, filming scenes at a memorial... for Kate Moss! We can't wait to see how they off the seemingly indestructible catwalk queen! And Kate's not the only celeb returning for a guest appearance. Baby Spice Emma Button is back, too!



Posh cut a gaunt figure at the Burberry launch on November 3



Her dress is practically hanging off her!

4 DOES BEN NEED TO GET SOMETHING OFF HIS CHEST?

From buff Batman to dad bod, bloated Ben Affleck is looking a little chunkier than usual on the set of his new movie *Live By Night* in Georgia! And while the actor had to pile on the kilos for his role in the 1920s crime drama, we hear 43-year-old Ben is so embarrassed about his growing moobs, he's planning to undergo surgery to lose them quick-smart once filming stops. "He's muscular in other areas, but he can't stop the swelling on his upper chest," our insider reveals. "He's going under the knife, either with lasers or via the fat-freezing method."



Writing, directing and starring in *Live By Night* leaves little time for exercise, we see!

5 WHAT'S EATING POSH?

It was meant to be up-and-coming model Romeo Beckham's big night, but all eyes were on the skeletal frame of the 13-year-old's mum Victoria during the London launch of Burberry's Christmas campaign last week.

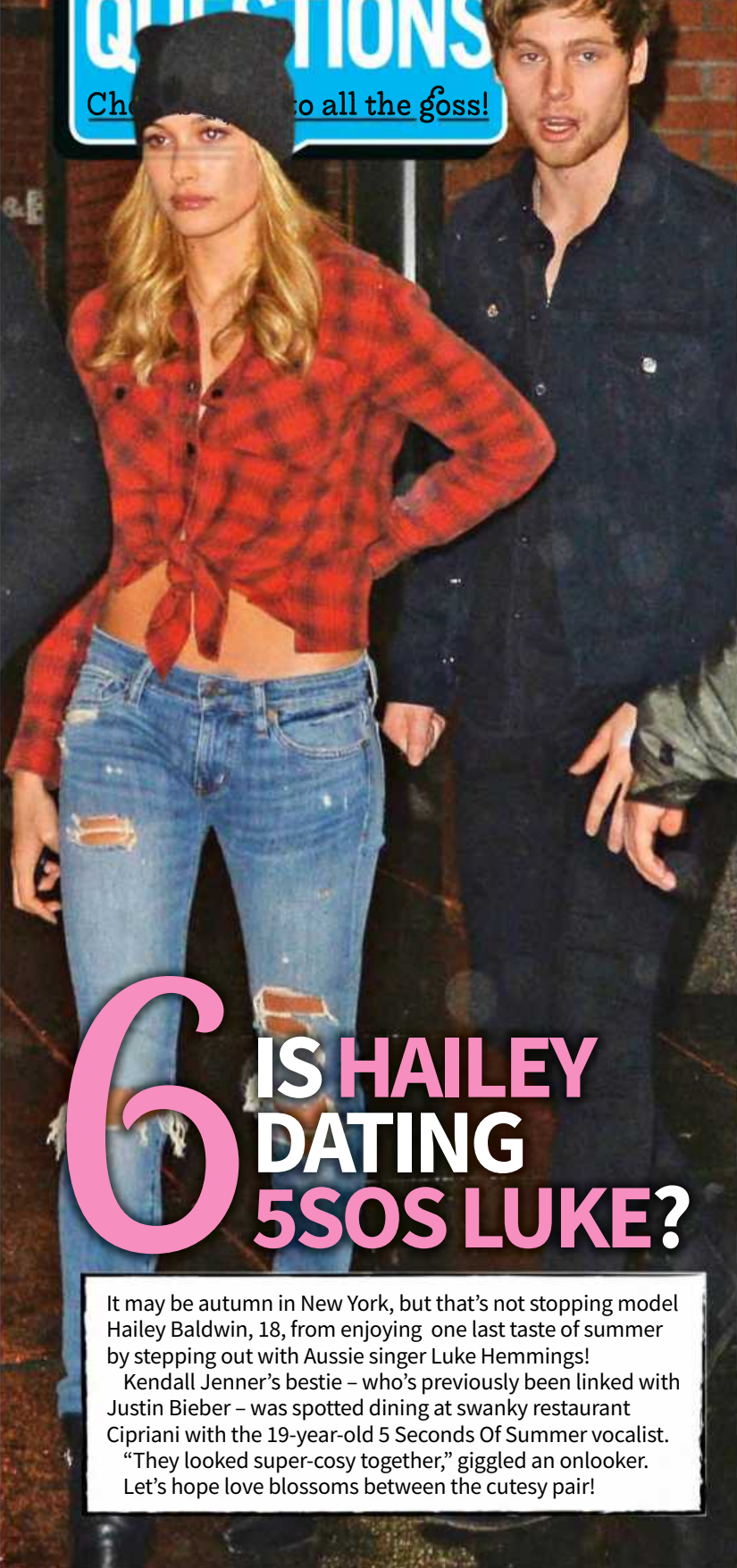
As if Posh, 41, wasn't thin enough, sources say the little weight she had to lose has been falling off at an alarming rate.

Reports suggest the stress of constant travel and being away from hubby David, 40, have the fashion designer wasting away.

In fact, sources believe she's fallen below her old low of around 42kg, prompting serious concerns for her health.

This week's **BIG** QUESTIONS

Check out all the goss!

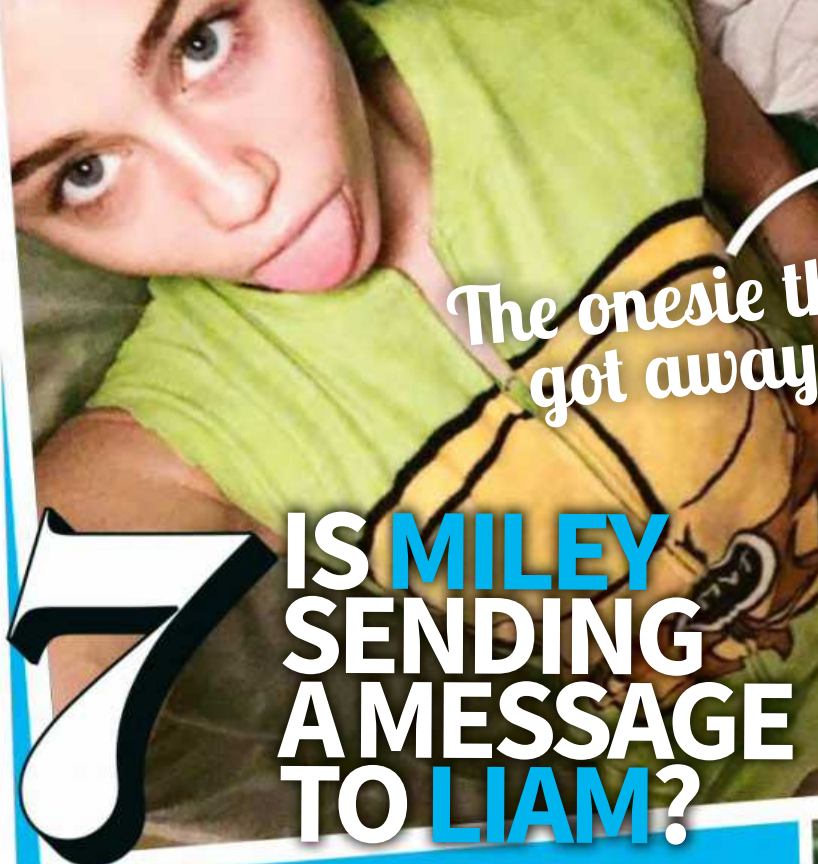


6 IS HAILEY DATING 5SOS LUKE?

It may be autumn in New York, but that's not stopping model Hailey Baldwin, 18, from enjoying one last taste of summer by stepping out with Aussie singer Luke Hemmings!

Kendall Jenner's bestie – who's previously been linked with Justin Bieber – was spotted dining at swanky restaurant Cipriani with the 19-year-old 5 Seconds Of Summer vocalist.

"They looked super-cosy together," giggled an onlooker. Let's hope love blossoms between the cutesy pair!



The onesie that got away

7 IS MILEY SENDING A MESSAGE TO LIAM?

Maybe! Just days after her ex-fiancé Liam Hemsworth revealed he still has feelings for the singer, Miley Cyrus sparked talk of a reunion after she posted a pic of herself wearing a Teenage Mutant Ninja Turtle onesie. And it's the same one the 25-year-old actor wore while taking the ALS Ice Bucket Challenge last year!

"You fall in love with who you fall in love with – you can never choose," says Liam. "We were together five years, so I don't think those feelings will ever change."

Just in case he didn't get the hint, we're told Miley, 22, followed up the snap by sending a soppy SMS to her one-time love.

"Miley told Liam that she'll always love him and he'll always be the man she envisioned spending her life with," spills a source.

8 HOW MUCH OF A CONTROL FREAK IS JUSTIN?

Er, Justin Timberlake, the 1930s called – it wants its 'tude back!

Yup, we're told the singer is so old-school, he's trying to transform his missus Jessica Biel, 33, into a Stepford Wife.

In fact, 34-year-old Justin is so controlling that he demands approval of all Jess's outfits before she leaves the house, especially prior to red-carpet events.

"He insisted on a full 'turn around' inspection before the GLSEN [Gay, Lesbian & Straight Education Network] Respect Awards recently," dishes our insider, who adds that Jess is so desperate to keep him happy, she obeys his every command.

"She spent so many years dreaming of marrying him, her brain does not compute anything but a perfect marriage," reveals our insider.



THE CUTEST
MICHELANGELO
WE EVER
DID SEE!



'It was real. It wasn't just
a fling,' Liam says of his
relationship with Miley



This ain't
bringing sexy
back, Justin!



WHY DID HALLE'S EXES SPEAK OUT?

She's in the middle of a messy divorce with her husband of just two years, Olivier Martinez, and now Halle Berry's first hubby David Justice has decided to leap into the fray, too!

David – who was married to Halle from 1993 to 1997 – took to Twitter to slam his ex over old allegations he abused her.

"Only the guys in the relationship with Halle know the real deal there will be another, of course," tweeted the former pro baseball player.

The 49-year-old's second muso hubby Eric Benet also got in the convo, tweeting, "My man @23davidjustice is tweeting some truth dis' mornin'!" Ouch!



IS **PERRIE** INTO GIRLS NOW?

Now that she's kicked Zayn Malik to the kerb, Perrie Edwards is moving on... by dipping a toe in the, er, lady pond. The 22-year-old Little Mix singer admits she's crushing hard on Aussie sex siren Margot Robbie, 25. Well, she's only human!

"I tell you what, if Margot Robbie was here right now..." she tells UK's *The Sun*. "I have a crush on her. I must be on the turn because every time I look at her..." Unfortunately for Perrie, Margot is dating assistant director Tom Ackerley.

'Oh, she's
divine,'
gushes
Perrie of
Margot

Stars without make-up

Minus the war paint, these A-listers rock a little natural beauty – like the rest of us!



Sam Frost, 26

"This is the everyday me... no filter, no edits, dark circles, messy hair, breakouts, uneven skin tone. And I wouldn't change a thing about myself," the *Bachie* beauty captioned her Instagram pic. Love those baby blues!



Keira Knightley, 30

London gal Keira, who often steps out sans slap, says she had shocking acne as a teen! "I'm incredibly self-conscious about the fact that I get bad skin," she says. Join the club, Keira, but you look absolutely gorgeous to us!



Amanda Seyfried, 29

"My skin has actually never been as clear as it is now."



Claire Danes, 36

"My skin's sensitive so Cetaphil is my standby."

Jennifer Aniston, 46

She's just a few years shy of hitting the big five-oh, so just how does bangin' Jennifer maintain her youthfulness? Twelve-and-a-half glasses of water a day! Jen's flawless face reminds us we'd better get our gulp on!



Ricki-Lee Coulter, 29

The freckle-faced beauty swears by drinking three litres of water a day to keep her skin hydrated. "And make sure you have a good skincare routine that you stick to morning and night," the sexy chanteuse says. "And *never* sleep in your make-up. A protein-rich diet is great for nails, hair and skin, too."



Julianne Hough, 27

Having suffered from a spotty complexion as a teenager put beauty into perspective for talented triple-threat Jules. "I think I look younger now than I did when I was 18 because I'm not wearing as much make-up," she says.



Sofia Vergara, 43

The *Modern Family* bombshell says hindsight's 20/20. "My beauty regime's changed since I turned 40," she says. "I use suntan lotion whenever I go out. I wish I'd done that religiously in my younger years as I believe prevention is always better." You're still hotter than the sun, Sof!



Chelsea Handler, 40

"The internet says you [can] use semen to stay looking young. Why'd I buy that?"



Sienna Miller, 33

"I'm pretty lazy when it comes to skincare."



Ellen DeGeneres, 57

"Beauty is about being comfortable in your own skin."



Kaley Cuoco, 29

"I have to work to maintain my clear skin."



Stars without make-up



**Miley
Cyrus, 22**

"I always had really bad skin growing up, so I'm obsessed with taking care of my skin," the singer admits. "No matter what, I don't pass out in my make-up."



Gigi Hadid, 20

"Keeping your skin healthy is the most important thing."



Jesinta Campbell, 24

"On my days off, I wear absolutely nothing."

**Amy
Schumer,
34**

The hilarious star often encourages her fans to embrace their natural beauty, and frequently steps out bare-faced. Also, she couldn't care less about dolling herself up for dudes. "I'm probably, like, 160 pounds [73kg] right now and I can catch a dick whenever I want, like, that's the truth," she says.



Kendall Jenner, 20

"I had such bad acne as a kid. It ruined my self-esteem. I wouldn't even look at people when I talked to them," says Kenny, turns to big sister Kim Kardashian for beauty advice. "Kim told me and my little sister [Kylie], 'Never touch your face too much. Don't pick at it.' Ever since then - I think I was 10 - it has stuck with me."



Anne Hathaway, 32

"I'm a tomboy, which is its own sub-genre of girl."



Diane Kruger, 39

"My skin looks better when I don't drink alcohol."



Mischa Barton, 29

"I just wash my face morning and night."

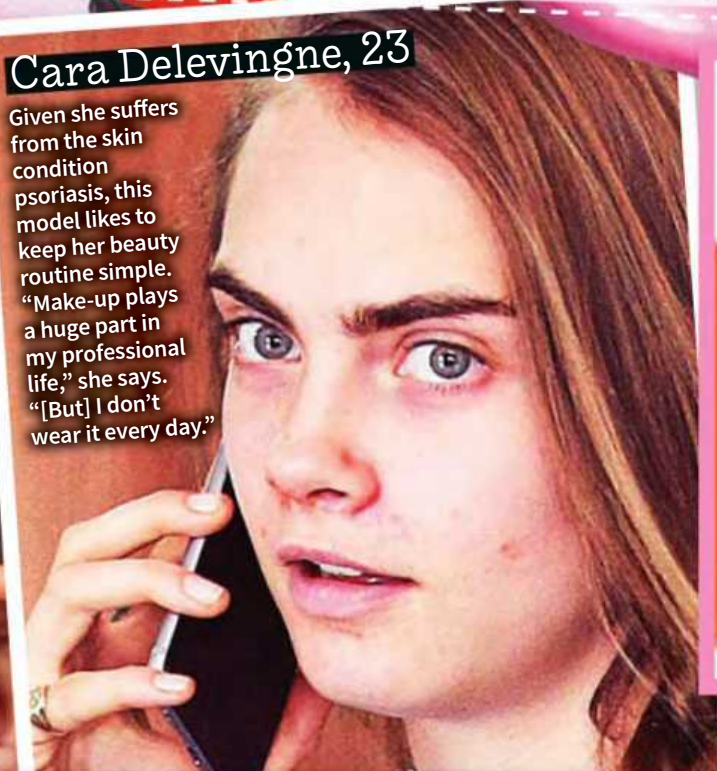


Rachael Finch, 27

"I take the make-up off as soon as I get home."

Cara Delevingne, 23

Given she suffers from the skin condition psoriasis, this model likes to keep her beauty routine simple. "Make-up plays a huge part in my professional life," she says. "[But] I don't wear it every day."



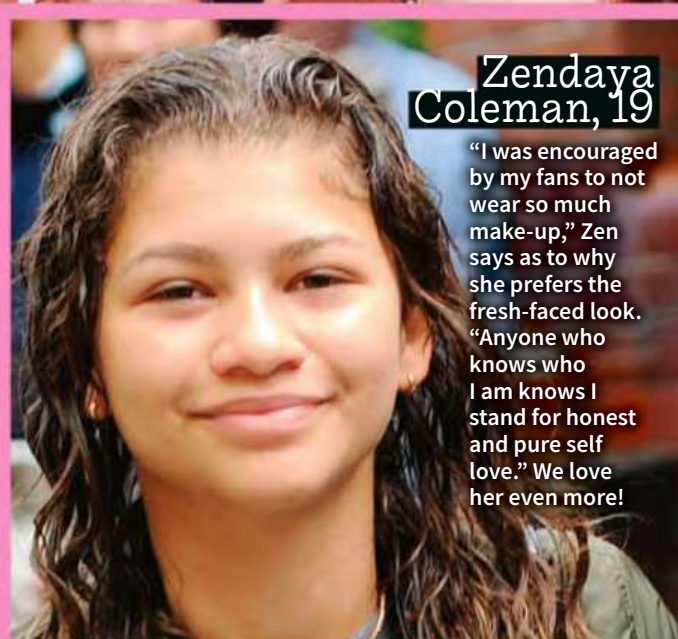
Teresa Palmer, 29

The actress is all about less is more when it comes to beauty. She likes it "completely natural - bare-faced mamma style and very laid-back". She says she also likes the great outdoors for a healthy dose of vitamin D. "Don't be afraid of the sun," she adds.



Zendaya Coleman, 19

"I was encouraged by my fans to not wear so much make-up," Zen says as to why she prefers the fresh-faced look. "Anyone who knows who I am knows I stand for honest and pure self love." We love her even more!



Elle Fanning, 17

OK, so she's got youth on her side, but Elle has her priorities right when it comes to keeping her skin looking and feeling baby-soft. Her tip? Focus on developing good skin habits rather than covering up with tons of slap. "I have sensitive skin, so I need to use a face wash that's pure - if it's too perfumy, I break out," she explains.



A tale of two



Puppet masters

Back in August, single Liam flirted up a storm with “the most beautiful girl in the world” – aka Miss Piggy. Yes, we’re well jel! Meanwhile, married father-of-three Chris got cute with a puppet ant named Trancas during an appearance on Spanish TV show *El Hormiguero*.



Here's a view
we could never
get board of



Driving us cra

Proving they’ve got a cracking sense of humour to go with those to-die-for abs, the ridiculously buff boys brought the laughs by taking to ridiculously small vehicles on *The Tonight Show Starring Jimmy Fallon*. Chris hit the track in 2013, while Liam went head-to-head with Jimmy in a trike race last year. “We’re competitive, as siblings are in everything,” Chris, 32, admits.



Two Bros

They tame waves, wrangle animals and, most importantly, take their shirts off – ladies, Liam and Chris Hemsworth are two of a kind!



Hunky horsemen

Riding runs in their rugged DNA! Liam had us swooning when he got in the saddle for his upcoming flick *By Way Of Helena*, while Chris took the reins for his role in 2012's *Snow White & The Huntsman*, as well as its sequel, which is due out next year. Be gentle with that whip, boys...



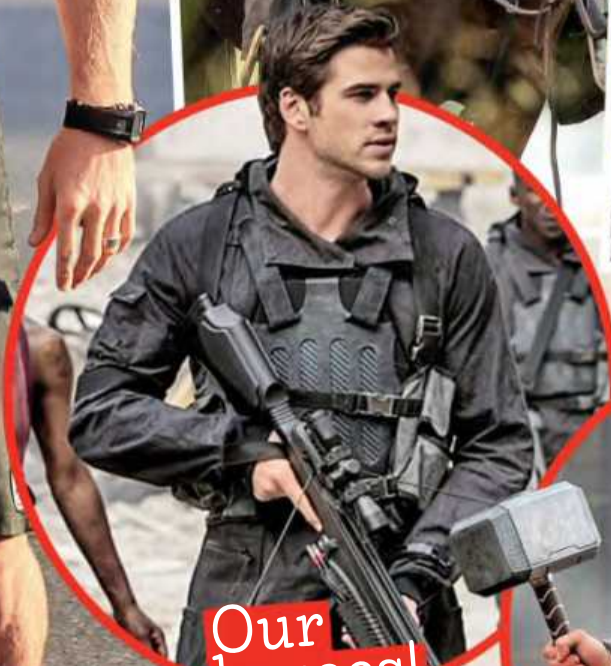
Sexy surfers

The sizzling siblings' pecs appeal is partly down to their love of catching barrels. Growing up on Phillip Island in Victoria, 25-year-old Liam says they "surfed before school, after school, competitively. We even had surfing as a subject." And we're loving the results!



Our heroes!

Both beefcakes shot to fame after starring in blockbuster franchises – Liam as Gale Hawthorne in *The Hunger Games* movies and Chris as Thor in the Marvel flicks. In fact, Chris pipped his little bro for the role as the Norse god! "Chris is six-and-a-half years older than me so there's this thing where if I'd got Thor, that would have been weird," says Liam.





ABOUT CAITLYN'S TRANSITION

"So lemme get this straight. Grandpa Bruce was Cait... but Cait's still Grandpa? I'm, like, so confused."



ABOUT MISSING AUNTY KENNY'S B'DAY

"So apparently I'm, like, too young for the club. Um, I don't think so. Don't you know who I am?!"



ABOUT BEING GIVEN FREE THREADS

"So you're telling me all I have to do is smile and I'll score a new Balmain jacket? Just tell a girl where and when!"

What Nori re

She's Tinseltown's most photographed tot, but Kardashian, little North West has a harder time



ABOUT HER COPYCAT COUSIN PENELOPE

"So obvs P and I are, like, fully besties, but we all know who wore it better. Awkies!"





ABOUT KANYE'S
RUN FOR
PRESIDENT

"So when
daddy lands that
White House gig, we
all know who gonna
be the real first lady.
And it ain't you,
Kimmy! Let's see you
make me tidy my
room then!"



ally thinKs!

unlike her poker faced mummy Kim
keeping her true emotions under wraps.



ABOUT HER
TRADEMARK
DO

"So people are
always talking about
my frown, but I'm, like,
never going to need mummy's
Botox if they keep scraping
my hair back this tight!
I can hardly blink!"



ABOUT HER
LITTLE
BROTHER
WHO'S
DUE AT
CHRISTMAS

"Errrmaaahgerd!
Boys stink! And
everyone knows it's
all about the ladies
in this family!
#teamnori"

The W★E★E★K PICS

‘Hey, it’s the next best thing to being there!’

‘Pop one and you won’t work in this town again!’

Now that’s what we call a brush with fame

‘Woah, I need to lay off the helium’

Blue steel amid yellow latex

‘Lucky these heels are so heavy!’

Hot model balloons

She may be an Angel, but Victoria’s Secret model **Chanel Iman** should be careful she doesn’t accidentally take to the air while holding on to so many balloons – if they happen to pop, she’s not wearing her wings! The gorgeous US model is in Sydney for a photo shoot by the beach. Either that or she’s just raided some poor kid’s birthday party...



'Sorry, I've got major gas'

'I'm legally pink'



'What's everyone blowing up about?'

Dunno, Chanel – maybe they're worried about the rate of inflation



'Isn't she just to dye for?!'

'Two years and I'll be taller than both of 'em'

The gang's black together

They grow up so fast! It seems like just yesterday that **Reese Witherspoon** was carrying her cute toddler daughter **Ava** around LA, but these days the 16-year-old could pass as her look-alike mum's little sister! They're joined on the red carpet at the American Cinematheque Awards in LA by Reese's dapper 12-year-old son **Deacon**. Adorbs!

Triple threat alert!

The WEEK PICS



The fans
never stop
hounding her...



'I'd usually
never wear fur'

'That's why she earns
the big barks'

Leader of the pack

Well, you'd nuzzle **Drew Barrymore's** neck, too, if the opportunity arose. The American sweetheart takes it in her stride as her old *Fever Pitch* love interest Jimmy Fallon challenges her to a "pup quiz" – no, really, it's a Drew story! – on *The Tonight Show*. Yep, it's an animal-themed trivia contest where a puppy is awarded for every correct answer and the person with the most puppies wins! Cute!

Talk about
heavy
petting!



'We've gotta do something
about Daddy's cap'

On Tuesdays,
the Pitt boys
wear grey...



'This is, like,
sooo symmetrical'

Jolie-Pitts = twinning!

We love to see celebs of **Angelina Jolie** and **Brad Pitt's** calibre keeping it real. Just a day after their emosh joint interview on NBC's *Today* last week, the down-to-earth duo are taking twins **Knox** and **Vivienne**, seven, to peruse the offerings at a bookstore – ask your parents, kids! – on New York's Upper West Side.



'Another glass please, waiter'



'This is where I keep my Emmy!'



Can you tell the champagne is free at these events?

The toast of Hollywood

Amy Schumer's found yet another devotee in **Selena Gomez**, who presents Amy with the Hollywood Comedy Award for *Trainwreck* at the Hollywood Film Awards in Beverly Hills. And the star accepts with trademark hilarity – by lifting her dress to flash her thighs to the crowd! Elsewhere, **Channing Tatum**, **Jenna Dewan**, **Amber Heard** and **Johnny Depp** enjoy a seemingly awkward double date, while host **James Corden** ensures no-one clears his plate while he's on stage.

HOLLYWOOD FILM AWARDS!



'Hatters gonna hat'

Now this looks comfortable, eh?



'My date's quite a dish'

James is making a meal of this hosting gig!

'I told you backstage I'm scared I'm going to pull up my dress,' Amy told Selena after doing just that

The WEEK PICS

'Let's go spend it like Beckhams'

At her Beckham call

How excruciatingly adorbs is the sight of doting big brother **Brooklyn Beckham** babysitting his youngest sibling **Harper**?! The stylin' 16-year-old even springs for ice-creams as he and Harper, four, snap some of the local street art in sunny Venice, L.A. Hoping to impress your new model girlfriend Sonia Ben Ammar, are you, Brooklyn? We bet it's working!

As far as Hollywood outings go, this is pretty pedestrian...

Best accessory ever, buddy!

'C'mon, Harps! Work it! Work it!'

'Sugar and ice and all things nice!'

Brooklyn can't help checking out the chicks...

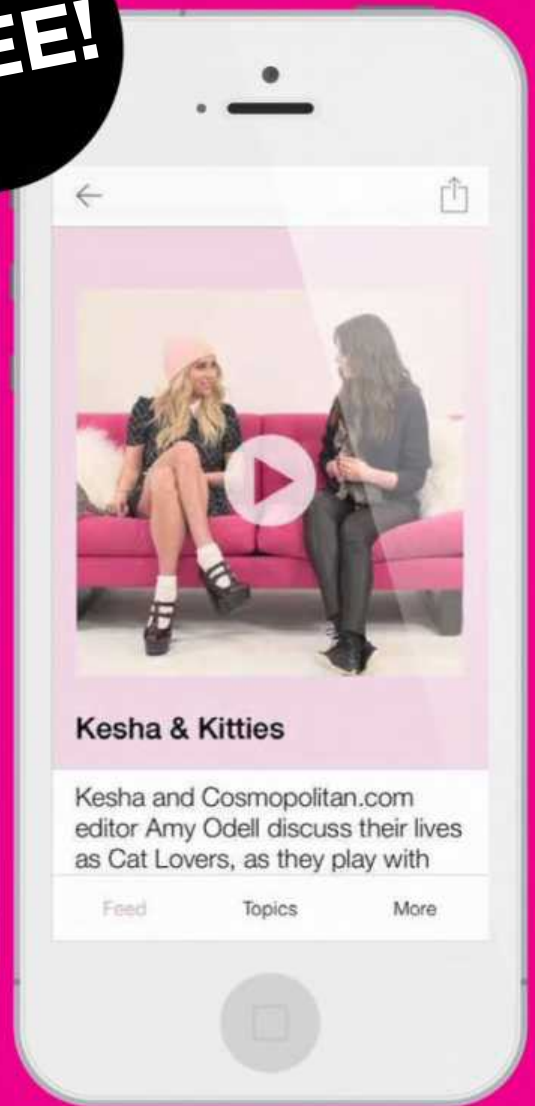
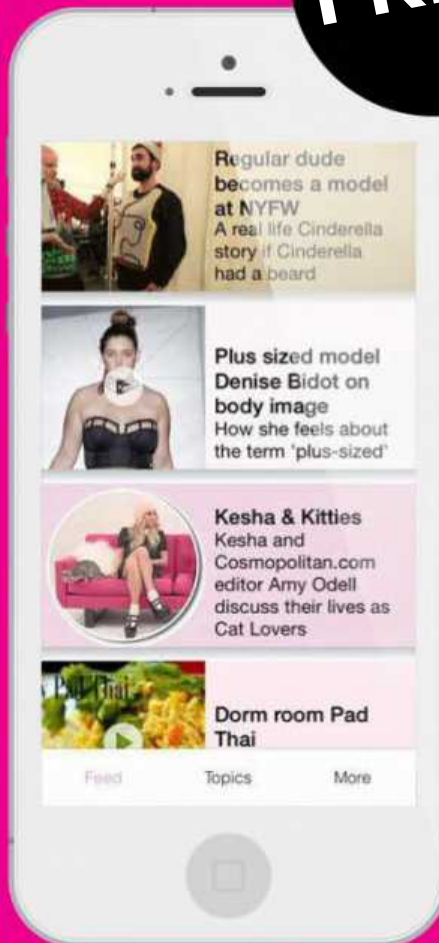
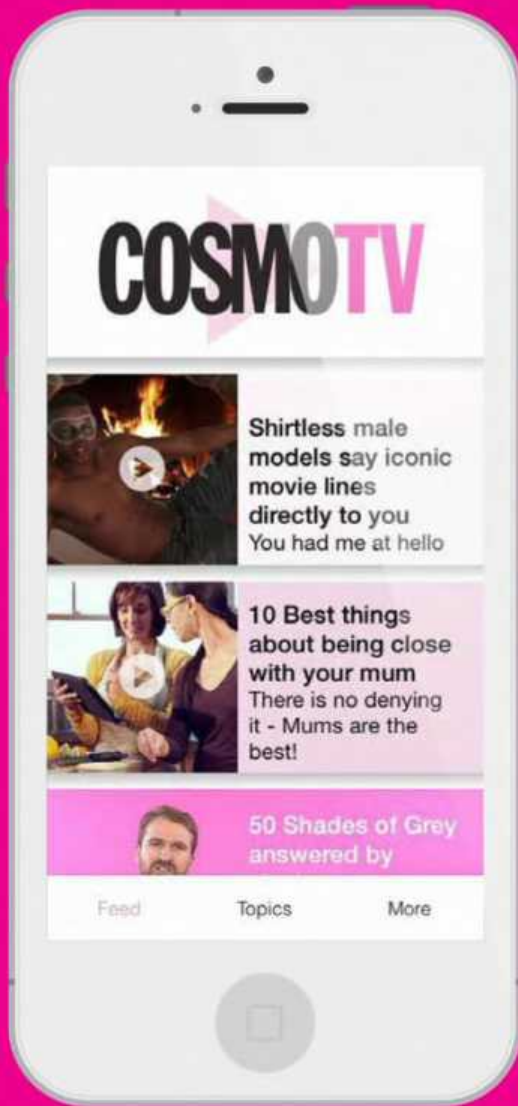
It's all about that pout!

Brooklyn's got natural cool licked

The CosmoTV logo, featuring the word "COSMO" in black and "TV" in pink, with a pink starburst graphic behind the "O".

COSMO BRINGS YOU THE LATEST
IN FASHION, BEAUTY, BODY, SEX
AND RELATIONSHIPS.

FREE!



FASHION & BEAUTY TIPS / HOW-TO VIDEOS / ADVICE
INTERVIEWS & MORE!

Search for **Cosmo TV** on the



or using



The WEEK PICS



'No, those are
Daddy's boogers'

Howe lovely and lively!

It's sunny side up on Lord Howe Island as its current celebrity residents – **Blake Lively**, **Ryan Reynolds** and daughter **James** – are bathed in glorious springtime sunshine. Blake's lapping up a little foreign-clime family time in between shooting shark-shenanigan scenes for *The Shallows*. As for Ryan, it's all selfies, sandcastles and piggyback rides with his adorable tot. Aww!

Sure you
can see under
there, Blake?

James makes
a bold bid
for freedom

'You run like
a baby!'

'Fine, Mum, I didn't
need a towel...'

'Watch me
pull a
rabbit out
of my hat'

Summer's
hottest beach
accessory – a
pearl necklace



'You'll never make *Toddlers & Tiaras* with that attitude'

'I'm a shoo-in for the next *Hangover* flick'

James finds dolly dress-ups a tad demeaning

BABIES WE LOVE!

'We already have one cute bunny!'



'I'm really diggin' this'



Big apple of her eye

Making her highbrow Broadway debut in the play *Thérèse Raquin* has been an utter joy for **Keira Knightley**, negative reviews aside. But the all-action role of her life is, of course, mothering her little bundle of joy **Edie**. The five-month-old looks focused on the path ahead as the pair take in the sights of Manhattan's Tribeca.

Keira's nailed her look for the *Ozzy Osbourne* biopic



'Denim is your friend, bub'

Frequent pacifiers

You're never too young to get a taste of life in the fast plane! Model **Nicole Trunfio** is a picture of perfection as she takes **Zion** – her son with muso Gary Clark Jr – through LAX airport. Good to see he's remembered to take his shoes off for security!



Naturally, they're perfect on Insta too!

Photo: Instagram

The WEEK PICS

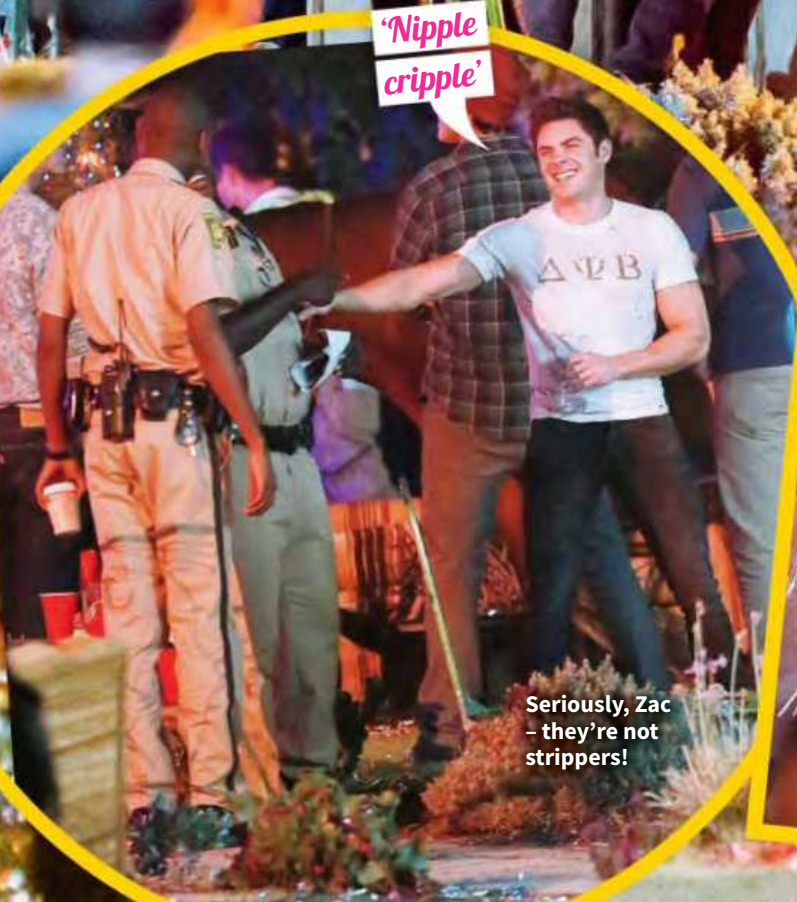


The neighs have it!

Zac ponies up

It's not the first time we've ogled **Zac Efron** indulging in a bit of horseplay, but it sure is great to see him back in the saddle as she shoots a wild party scene on the LA set of *Bad Neighbours 2: Sorority Rising*. While there's no talk of putting Zac out to stud just yet, when they do, we'll be the first to the paddock! Someone give that boy a sugar cube...

'Nipple cripple'



He's a lot more stable these days



Seriously, Zac - they're not strippers!

'Hope I don't get caught in the rein'

'Gotta stay fighting fit, y'all!'

Gigi's a knockout!

She floats like a butterfly and stings like a bee! Yep, not only does **Gigi Hadid** look like a million bucks in her workout gear, but she also shrugs off any cobwebs the morning after Halloween and heads to a New York gym for her favourite workout – boxing! And it's no wonder the catwalk conqueror isn't pulling any punches when it comes to fitness – the Victoria's Secret Fashion Show's happening this week!

Gigi's a Hollywood heavyweight!

'I prefer a spar to a sauna'

'Guys are always asking to see me box'

Ah, young glove!

'Seriously, buddy - you're punching above your weight'

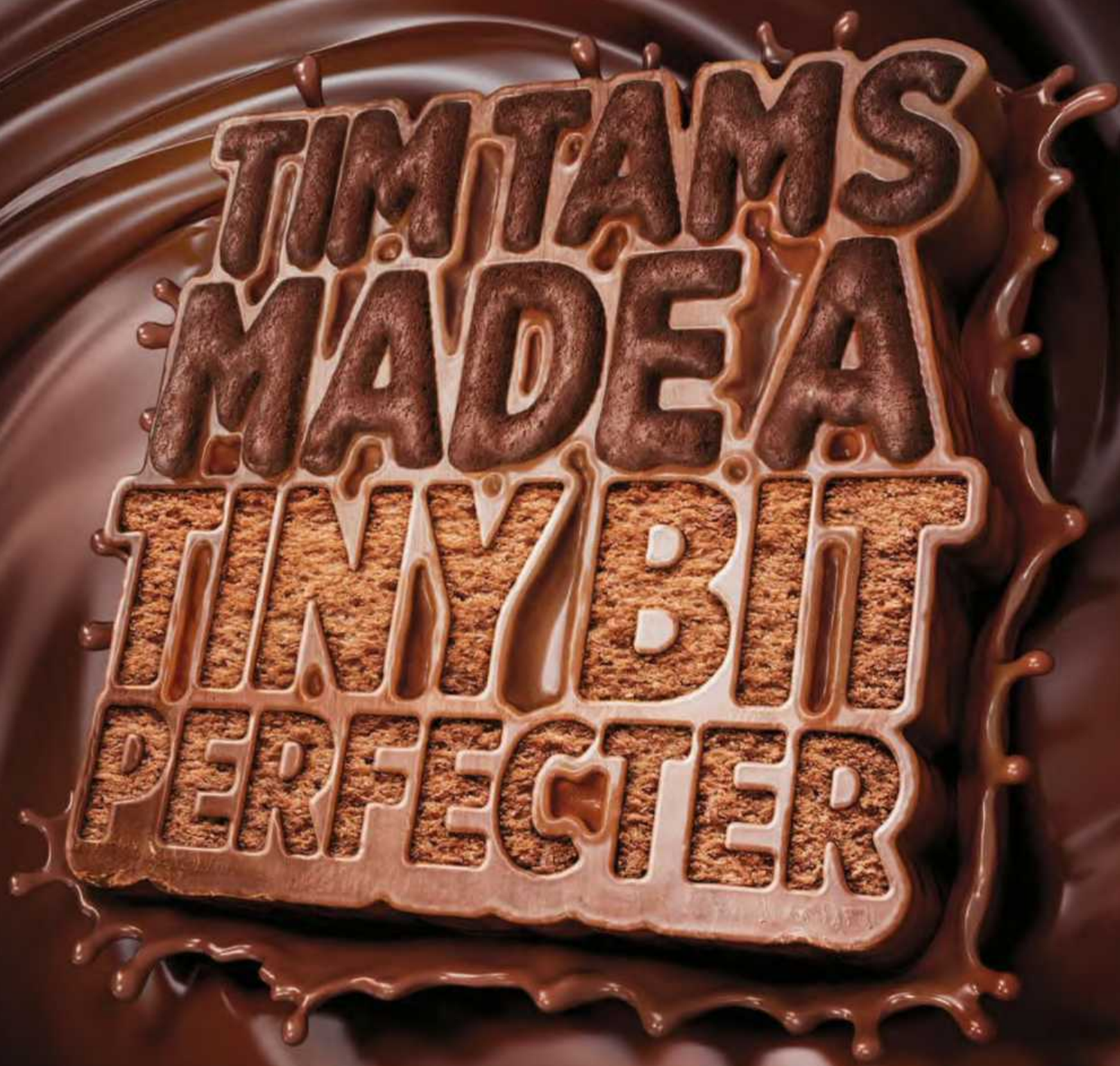
No-one puts Gigi in the red corner!

NW
man
CANDY
of the
WEEK

**Jax
Taylor**

Vanderpump Rules





Bite-sized deliciousness, made chocolatey-er.



Hot or NOT

This week's fashion
oohs and boos...

NOT

Elle Fanning

Fashion 101 – flowers, birds and lace don't mix. Need proof? See below. We'll try to forgive Elle for this sartorial travesty – a) because it's Gucci, and b) because the 17-year-old is still finding her feet in Hollywood. We bet she'll find them quicker without those dowdy shoes, though!



HOT

Karlie Kloss

Pleated to perfection, Karlie cuts a striking figure in this emerald-and-black Proenza Schouler frock. Vertical stripes will elongate any figure – as if the leggy supermodel needs any help in that department!



HOT

Sarah Hyland

When you want to out-glam Hollywood, wear Jenny Packham. The *Modern Family* star does just that and – boom – best dressed! With the designer's signature sparkles adorning this delicate blush gown, it's impossible for Sarah not to shine on the red carpet.





HOT

Jaime King

The Balmain army's newest recruit looks a million bucks in this plunging, pleated gown. Well, \$10,740, to be exact. With a price tag like that, you'd want to make heads turn and jaws drop!



NOT

Naomi Watts

Yay for the sheer slimming panels, nay for everything else! The Aussie star needs to bin the this plain look – starting with those generic heels! – and dress like the movie star she is. Perhaps it was her stylist's day off...



HOT

Lea Michele

The actress is a tangerine dream in this bold Zac Posen number. The architectural, strapless bodice expertly showcases her sexy shoulders, while the fishtail bottom helps create an hourglass silhouette. And who doesn't want that?

BROUGHT TO YOU BY
Tim Tam
Chocolicious

Who wore it perfecter?

Crop it out!

With midriff season fast approaching Down Under, Bella Thorne (left) and Victoria Justice give us a lesson in how its done. Victoria goes for a bohemian look with her felt hat and ripped jeans, but we're crushing on Bella's cute cap-and-Chucks combo. Weekend feels, anyone?



27%

Perfecter!

73%

Ladies in red

If Santa's wondering where his giant gold belt buckle went, he can blame Versace! While Irina Shayk (left) pretties up her little red dress with pointy pumps, Rita Ora makes for a sexy Mrs Claus in her over-the-knee Giuseppe Zanotti boots.



42%

Perfecter!

58%

Floral femmes

Not even a seasoned supermodel like Yasmin Le Bon (right) can out-dress fashionista Olivia Palermo. From the fit to the footwear, the New York socialite knows just how to bring this floral Preen by Thornton Bregazzi frock to life. Those red cage stilettos make all the difference!



Perfecter!

82%

18%

Hot 2012 NOT

MELBOURNE

CUP
SPECIAL

HOT

Snezana Markoski

Props to this lady in red for killing it at her first Melbourne Cup! Giving race-goers a glimpse of the sizzling bod that wooed Sam Wood on *The Bachelor*, Snez stuns in this two-piece Kookai ensemble with peekaboo cut-outs. It's definitely worthy of a rose!



NOT

Ashley Hart

Oh, poor Christian Louboutin spiked pumps, how we cry for you! It's a cutthroat Cup when you're unfairly paired with this wacky Stella Jean ensemble. The level of print clashing is way too eccentric for on-field fashion – and the felt hat and pom-poms? Yikes!



HOT

Jennifer Hawkins

Three looks, five stars! While Jen goes for understated glam in a white Alex Perry number for Derby Day, she shines bright for the main event on Cup day in a neon shoulder-baring, thigh-teasing Toni Maticevski number. Then, proving she has endless style up her bell sleeves, the Myer babe nails ladylike luxe on Oaks Day in baby-blue Daniel Avakian. All hail J-Hawk!





HOT

Megan Gale

Looks like emerald's this gal's best friend! The natural beauty stands out in the sea of stylistas in her green Dolce & Gabbana mini. And while the high neckline may cover up her Gale-force décolletage, she more than makes up for it by getting her pins out.



NOT

Bec Hewitt

This Manning Cartell dress looks like the unwanted lovechild of Derby Day and the Melbourne Cup! Bec's hubby Lleyton needs to encourage her to c'mon and unleash the fashionista that lies somewhere beneath that voluminous frock!



HOT

Rachael Finch

With the metallic headwear out in force at the Cup, Rach is a breath of fresh air rocking sweet flowers. The peplum hem on her licorice-allsort By Johnny dress adds to her youthful appeal.



HOT

Rebecca Judd

Bec apologised to her Instagram fans for spamming their feeds on Cup day, but we didn't mind. We can't get enough of her in this lovely Alex Perry creation!

INSTAglam

Get star style & looks today

Gigi Hadid



KARDASHIAN
KOLLECTION
\$119.95
theiconic.com.au



H&M
\$19.95
hm.com/au



WITCHERY
\$49.95
witchery.com.au

BOOHOO
\$50
boohoo.com



on
TREND

Gold class

Go sheer, sequined or textured with this precious metallic hue

NEXT
\$52
next.com.au



SPORTSGIRL
\$39.95
sportsgirl.com.au

NEXT
\$78
next.com.au



BETTS
\$49.99
betts.com.au



RIVER ISLAND
\$50
au.riverisland.com



TOPSHOP
\$120
topshop.com



TIP

Add extra glamour to your evening attire by adding glitzy shoes and accessories that shine!

CELEBS



Block heels

Say goodbye to stilettos and let your feet fall in love



TONY BIANCO
\$199.95
tonybianco.com.au



SPURR
\$49.95
theiconic.com.au



SENSO
\$265
senso.com.au



ASOS
\$52
asos.com/au



RIVER ISLAND
\$116
au.riverisland.com



BETTS
\$79.99
betts.com.au



RUBI
\$39.95
rubishoes.com.au



Jessica Szohr



Miranda Kerr

TIP

For a striking daytime look, make sure the gold pops by confining it to a single piece paired with monochrome separates.

We love your style

Em



TOPSHOP
\$70
topshop.com

MIMCO
\$59.99
mimco.com.au



RIVER ISLAND
\$64
au.riverisland.com

Hopeless romantic

Master the dreamy tonal look by pairing an ivory singlet with a dusty pink pencil skirt. Complementary rose gold accessories will take this outfit to heavenly heights.

FOREVER NEW
\$99.99
forevernew.com.au



OLGA BERG
\$79.99
olgaberg.com



KOOKAI
\$120
kookai.com.au

FOREVER NEW
\$89.99
forevernew.com.au



Free spirit

Subtle '70s chic has never looked so good. Ditch the fringing and get back to basics with a flares-and-white-top combo.

ASOS
\$16.46 (pack of two)
asos.com.au



MOLLINI
\$199
mollini.com.au

Emily Ratajkowski

There's a reason this sizzling model-slash-actress has 3.7 million Insta followers!



SHEIKE
\$79.95
sheike.com.au



RUBI
\$14.95
rubishoes.com

BODEN
\$328
bodenclothing.com.au



COLETTE BY COLETTE HAYMAN
\$39.95
colettehayman.com.au



RUBI
\$29.95
rubishoes.com

It-girl swagger

Emily goes back to basics with black, but adds interest through leather textures and contrasting white soles. Style your hair with a flat iron and add a nude lip for a sleek finish.

LOVISA
\$9.99
lovisa.com.au



BOOHOO
\$50
boohoo.com



CLARKS
\$179.95
clarks.com.au



WITCHERY
\$199.95
witchery.com.au

All laced up

A classic lace dress is every woman's staple, but Emily wears it with a fresh approach by swapping a slip for black lingerie. Raunchy! Ensure your dress has a high neckline so you're not overdoing it – subtle sexiness is the key!





MISTER ZIMI
\$180
misterzimi.com



Rihanna



H&M
\$39.95
hm.com/au



BODEN
\$118
bodenclothing.com.au



TARGET
\$69
target.com.au



TOPSHOP
\$27
topshop.com

Poppy Delevingne



BOLD *Botan*

You'll be anything but a wallflower



SPORTSCRAFT
\$269.99
sportscraft.com.au



RODEO SHOW
\$279
rodeoshow.com.au



TARGET
\$29
target.com.au



MIMCO
\$229
mimco.com.au

H&M
\$69.95
hm.com/au

KEEPSAKE
THE LABEL
\$139.95
keepsakethelabel.
com.au



P.A.R.O.S.H
\$476
farfetch.com/au

TOPSHOP
\$36
topshop.com



ZARA
\$89.95
(02) 9216 7000



TIP

Make like Posh and
pair an eye-catching
co-ord with killer
heels for a daytime
outfit that works
every time!

icals

in vibrant graphic blooms!



WHITE SUEDE
\$369
whitesuede.
com

TIP

Shy away from the
traditional pastel
buds and choose
punchy colours and
OTT designs for a
fresh take
on floral.



Sarah Hyland

Victoria Beckham

MARCS
\$159
marcs.com.au



MARCS
\$159
marcs.com.au

NIKE
\$129.95
theiconic.com.au



KARDASHIAN
KOLLECTION
\$79.95
(02) 9299 1881



MARCS
\$249
marcs.com.au



Sarah Hyland

Gold rush

We normally use gold in the form of highlighter or eyeshadow to add light to the inner corners of our eyes. Switch it up and use it as the sole colour across your eyelids like Sarah for a fresh, bright and summery change. Finish with black or brown eyeliner, lots of lashes and bronze tones throughout the rest of your make-up.

1 Bourjois Little Round Eyeshadow Pot in Originale \$20 1800 181 040 2 Eye Of Horus Isis Sun Goddess Palette \$46 1300 938 818 3 By Terry Cellularose Blush Glacé Allover Edition \$97 mecca.com.au 4 Maybelline New York EyeStudio Color Tattoo Eye Shadow in Bold Gold \$11.95 1300 369 327 5 Nudestix Magnetic Eye Color in Angel \$31 (02) 9221 5703 6 Rimmel London Magnif Eyes Eyeshadow in Gold Record \$10.95 1800 812 663

Your summer ma



Kendall Jenner

Lightbulb beauty

Kendall's look is all about highlighting the hell out of your skin. Add illuminator to your foundation for an all-over glow, then highlight again on the high points of your face – cheeks, forehead, the centre of your nose, chin, cupid's bow and brow bones. Add pink blush to the apples of your cheeks and blend. Finish with a pink lip and even some sheer pink shadow.



1 Designer Brands Lavish Lip Gloss in Fairy Floss \$7.99 1300 765 332 2 Natio Limited Edition Radiant Mineral Blush Palette \$19.95 natio.com.au 3 Max Factor Lipfinity Long Lasting Lipstick in Evermore Sublime \$23.95 1800 181 040 4 Estée Lauder Perfectionist Youth-Infusing Brightening Serum + Concealer in 2C Light Medium \$55 esteelauder.com.au 5 Crop Natural Tinted Lip Balm in Tulip \$16 croppnaturalskincare.com



Rita Ora

Matte mode

Queen of cool Rita's taken browns and nudes from blah to beautiful by going matte. Keep it from looking flat by pairing with a luminous base and using different shades to create depth in your smoky eye. Add matte bronzer and a matte lipstick, too. Not only is this look lower maintenance than creams, glitter and gloss, it's also handy for oily skin types and lasts longer.

- 1 Chi Chi Baked Eyeshadow in Living On A Prayer **\$14.95** chichicosmetics.com 2 Rimmel London Lasting Finish Nude Collection By Kate Moss in A Pale Nude **\$12.95** 1800 812 663 3 Make Up For Ever Ultra HD Invisible Cover Foundation **\$62** (02) 9221 5703 4 Chi Chi Baked Eyeshadow in Enough Is Enough **\$14.95** chichicosmetics.com 5 Napoleon Perdis Matte Bronze **\$60** napoleonperdis.com

Make-up SORTED

The new ways to work your beauty palette this season



Kate Bosworth

Peach pop

Add an orange tinge to your palette this summer. It's bright, fresh and suits most skintones. The new way to wear it is to take it tonal across lips, cheeks and eyes like Kate. Ensure you go pastel or sheer in one part though – matching more than two is OTT. Peach on the eyes will bring out blues and greens and brighten browns, while a pop of colour on cheeks and lips takes you from your desk to date night in a flash.



- 1 Australis Cray For Colour Lip Gloss Stick in Twisted Roses **\$8.49** australis.cosmetics.com.au 2 Stila Aqua Glow Watercolour Blush in Water Poppy **\$39** mecca.com.au 3 Napoleon Perdis Dreamy Duchess Blush Cream **\$50** napoleonperdis.com 4 Bareminerals Pop of Passion Blush Balm in Papaya Passion **\$32** mecca.com.au 5 Ulta3 Matte Lipstick in Bittersweet **\$3.95** 1800 181 040 6 Napoleon Perdis Dévine Goddess Lipstick in Hara **\$38** napoleonperdis.com

Khloe Kardashian



Charcoal

Sanctuary Spa
5 Minute
Thermal Detox
Mask
\$19.99
(03) 8545 2700

Charcoal absorbs toxins and impurities like dirt and oil from skin, removing them as you wash off the mask. This one warms as you wear it.



Clarins
HydraQuench
Cream-Mask
\$48
(02) 9663 4277



Proactiv Refining
Mask **\$35**
proactiv.com.au

Grown Alchemist
Hydra-Repair
Cream-Masque:
Olive-Polyphenol &
Babassu
\$69.95
grownalchemist.com

EXACT
MATCH

Lily Aldridge



Cream

Best for sensitive, dry skin, cream masks are super hydrating, calming and also add moisture. Simply smooth onto skin and remove with a warm cloth.



Mask mania

Get schooled on the latest celeb skin secret – which one is for you?

Ashley Benson



Eye mask

Rodial Dragon's
Blood Eye Masks
\$59.99 (pack of eight)
rodial.com.au

Used to target the under-eye area, this is a quick, easy option that doesn't affect your whole face. Choose the mask depending on need, such as brightening dark circles or fixing fine lines.

Atom Ghassoul
Clay Mask **\$34**
atomboutique.com



Glamglow Supermud
Clearing Treatment
\$86
mecca.com.au

EXACT
MATCH

Clay

Best for blemish-prone skin, large pores and excess oil, clay masks dry and tighten on your skin to detoxify and absorb oil. Rinse off with a warm cloth for smooth, shine-free skin.

Shay Mitchell



Estee Lauder
NightWear
Plus 3-Minute
Detox Mask
\$58
esteelauder.com.au

Heidi Klum



Gel

Cooling and hydrating these masks calm inflammation – which makes you look older – and control redness. Good for beginners, they're light and not scary to sport around your flatmates or boyfriend.



Napoleon Perdis Auto
Pilot Radiance-
Boosting Mask
\$85
napoleonperdis.com



Formula 10.0.6 Keep
Your Cool Breakout
Calming Mask
\$8.99
(03) 9427 9222

Photos: Instagram



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#BCAstrength

THE ESTÉE LAUDER COMPANIES



BREAST
CANCER
AWARENESS
CAMPAIGN

Supporting education and medical research.



BODYblitz

How Gisele gets

SLIMMER
by **DINNER!**

Sprucing
and juicing
before
her shoot

Photos: Instagram

Emergency toning and
trimming tips from the hottest
woman in the world

She's the highest-paid
supermodel on the planet,
but Gisele Bundchen
has more than just her
incredible genes to thank!

The Brazilian beauty's a dedicated
dame who's built on what her
mamma gave her – one healthy,
slimming choice at a time!

NEVER BE BLOATED *again!*

Two children, yet her tum's still flat?! Here's why...

- "I haven't drunk soda in 10 years," says Gisele, who feels all the better for it. Fizzy drinks can cause your tummy to bloat, so cut them out for good or at least trim your habit. Your bodycon dress will thank you for it.

- The mum-of-two's also on the right track when she says, "We eat a lot of garlic in our house." Yes, it can cause bad

breath, but studies suggest garlic aids in relieving bloating and also helps stimulate digestion. Win-win!

- Gisele's a stickler for salting her food after – not during – cooking, otherwise "you use a lot more than you need". She has a point. Salt causes water retention – a no-no for anyone battling the bloat. When she does add a little sprinkle, Gisele uses Himalayan sea salt, as its purer and lower in sodium than table salt.

**Quick
slim tip!**



"I make an aloe-lemon drink that's pretty healthy, but you could add tequila!" she says of her homemade lemonade alternative. "Juice three lemons, peel fresh aloe, add a teaspoon of coconut nectar and [lots] of water and blend it."



Booty busters!

Celebrity Pilates trainer Nonna Gleyzer reveals the moves that got Gisele her killer bod



Two-year-old daughter Vivian is her fave yoga partner!

"She works very hard, she's very focused, she's an athlete," explains her Pilates instructor Nonna Gleyzer. "We create a lot of abdominal moves and a lot of oblique moves."

That explains the sixpack, then! But the rest of the 35-year-old's roster certainly plays a part, too.

"I try to work out an hour a day every day. Usually [I] do not have that time, so I try to do at least 15 minutes of yoga or stretching," Gisele reveals. "I love yoga, boxing, Kung Fu, Pilates, surfing, horseback riding, playing volleyball. The important thing is how good I feel after exercising. When I don't feel that, my day was incomplete."

And since exercise stimulates circulation, digestion and removes toxins, it's no wonder she looks so amazing from head to toe!

Her diet is all about towards banishing the bloat, too. Read on for the specs...

1 Chest expansion on the reformer

"This is like bye-bye to the bat wings! It's incredible for your triceps," says Nonna. "Also, it's a fantastic move for your abdominals, because in order to hold this position and do it against a spring, you have to use your abs. It also gives you a beautiful stretch for your quads. We usually do three to five repetitions."



2 The toning teaser

"You sit on the edge of the box and you have to roll up and hold the position," instructs Nonna. "Lower arms [down and up] three times, and then roll down. This move is fantastic for your lower abs and is great for the upper body."

3 Leg springs on the cadillac

"This move is fantastic to lift your glutes and keep your booty in shape. It gives you a great hamstring stretch, and is also great for toning your hamstrings – your hamstrings are the muscles that keep you up," she says. "Also, the leg circles are great for putting up your hip flexors and toning your inner thighs."



4 Arm springs on the cadillac

"This move is for your stomach and triceps. I'm a big believer in toning women's triceps because if you have toned triceps, your arms look thin and very natural," says Nonna. "I do a bit of biceps, but building up the biceps makes the arm look bigger."



High-five planks in the park with her trainer Jill Payne

YOUR Stars

The week ahead with Adele Lang



Delta Goodrem

November 9, 1984

The Aussie songstress needs to watch her back this week. While she's loved by many, there are a few people in her circle who may try to bring her down.

HAPPY BIRTHDAY

MON Delta Goodrem, 31. Nick Lachey, 42. French Montana, 31 **TUES** Chris Lilley, 41. Tracy Morgan, 47. Ellen Pompeo, 46 **WED** Leonardo DiCaprio, 41. Demi Moore, 53 **THURS** Ryan Gosling, 35. Anne Hathaway, 33 **FRI** Whoopi Goldberg, 60. Jimmy Kimmel, 48 **SAT** Josh Duhamel, 43. Travis Barker, 40 **SUN** Shailene Woodley, 24. Lily Aldridge, 30

Scorpio OCT 24 – NOV 22

Watch out for envious colleagues or friends. According to current astro-trends, someone isn't as pleased for you as you're being led to believe. Obviously, you don't want to become paranoid about everyone in your life, so trust your gut instinct and you'll work out who you should avoid.

Sagittarius NOV 23 – DEC 21

Planetary patterns warn of all-out war with certain folk if you don't bite your tongue. Even if someone makes an accusation or utters a snipe, just refuse to react. Definitely don't overreact. Otherwise, you'll look like you're in the wrong – and that will be even more maddening!

Capricorn DEC 22 – JAN 20

Accept compliments graciously, even if you don't rate the one doling them out. Less-than-stellar alignments suggest rebuffing any admirers of your work or social status could create resentments – especially in a work environment. Save yourself the hassle and use charm to disarm.

Aquarius JAN 21 – FEB 19

You'll need to be selfish if you want to achieve important career goals this week. Cancelling a social date to meet a work deadline might make you feel bad, but you can always make it up to a pal, partner or blood tie later on. If they love you, they'll forgive you for temporarily letting them down.

Pisces FEB 20 – MAR 20

Taking on the cause of every single one of life's waifs and strays is highly commendable, but this stargazer thinks Pisceans need to become more discerning. Planetary patterns signal manipulation in certain quarters. Not everyone you're currently helping is quite as needy as you think.

Aries MAR 21 – APRIL 20

This week, the influence of Mars should make you keen to help other people bring their plans to fruition. Your desire to devote time, if not money, to work or domestic projects will be appreciated. So much so, you'll be able to bask in the glow of the praise for some time to come.

Taurus APRIL 21 – MAY 21

One of your nearest and dearest might make a big confession. While it would be very tempting to get angry, try to remain calm. People do make mistakes – you included. Show understanding and compassion. That way, you'll both find you can move on surprisingly quickly.

Gemini MAY 22 – JUNE 21

Although solar activity will be filling you with energy, a lunar lull means you shouldn't fill every waking moment with activities. Take a step back and focus on making plans for the future. You've got big dreams to chase but they need more thought. The present can take care of itself.

Cancer JUNE 22 – JULY 23

Rules and regulations could be a real bugbear for you over the next seven days. But don't push against authority just for the sake of it. Issues can be resolved without you ranting at every turn. Besides, you don't want to send your stress levels sky-high over petty-minded little bureaucrats.

Leo JULY 24 – AUG 23

This week, affairs of the heart take a turn for the better. That's because you'll be feeling a lot more romantic than you have in the past. Indeed, a partner or a suitor might be blindsided by your touching words and gestures. Keep up the good work, as it might be reciprocated.

Virgo AUG 24 – SEPT 23

Both Venus and Mars predict that many Virgoans will come into money in the near future, be it via an estate, an insurance claim or a generous boss. But don't spend any windfall all at once. If you do, consider investing in home improvements rather than designer handbags.

Libra SEPT 24 – OCT 23

Job-hunting is well starred at present for any Libran looking for a bigger, better work role. Those of you who are happy where you are could still improve prospects by asking your employer for more responsibilities. Either way, you'll impress with both your ambition and aptitude.

Your weekly LOVE planner

♥♥♥ Romance looks set to be a scorcher
♥ Might be more fizz than sizzle

♥♥ Expect more than a few warm, fuzzy feelings
✕ Hmm, maybe wear your thermals

	Aries	Taurus	Gemini	Cancer	Leo	Virgo	Libra	Scorpio	Sagittarius	Capricorn	Aquarius	Pisces
MON	✕	♥	♥♥♥	♥♥	♥♥	♥	✕	♥♥♥	✕	♥	✕	♥♥♥
TUES	♥	✕	♥♥♥	♥♥	✕	♥	♥♥	♥♥♥	✕	♥♥	♥♥♥	♥
WED	♥♥	♥♥♥	✕	♥♥♥	♥	♥♥♥	✕	♥	♥♥	♥	♥♥	✕
THURS	✕	♥♥♥	♥	✕	♥♥	♥	♥♥♥	♥♥♥	♥	✕	♥	♥♥
FRI	♥	✕	♥♥	♥♥♥	✕	✕	♥	✕	♥♥♥	♥	♥♥	✕
SAT	♥♥♥	♥♥	✕	♥	♥♥	♥♥♥	✕	♥♥	♥	♥♥♥	✕	♥♥♥
SUN	♥♥	♥	♥♥♥	✕	♥	♥♥	♥♥♥	♥	✕	♥♥♥	✕	♥♥

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LET'S CHAT



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You love that Kenny's starring in the Victoria's Secret show!

She's a babe! **Sally Homes**

She's very thin but never looks unhealthy to me. Seems to just be her build. Which is nice to see on the VS runway. Thumbs up from me **Rachael Wilkinson**

Nice to see some meat on bones! **Elaine Carter**



Sharing is caring - he loves his weekly goss
@nwmag #iheartNW #goss #sharing #mag
#catstagram @jhesus_and_lauren



Some crucial reading on my flight from Goldcoast to Melbourne #iheartnw
@skh1309



Love these two lovely humans, wishing you both much love xx
London Dolly Clayton

They're both hot, but shouldn't they be doing that in the bedroom? **Kerry Robertson**



Love that she can have a laugh at herself
Ashlie-Jane Stevenage

Never thought I'd see a celebrity recycle clothing, especially Kim Kardashian, good for her! **Kim McGoogan**

#iheartNW

For your chance to be featured here, hashtag #iheartNW on Instagram and show us your fave place to catch up on your celeb goss!



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Who am I?

Name that star!

Hidden in the box are some celebs' names. Use the pics to help you find their names, which are split into two and can be found in straight lines up, down, forwards, backwards or diagonally. The leftover letters reveal the name of another famous person.

Win \$100

M A M E T E E L H S A
H I L L N E T S I R K
R J Z A T R A W E T S
O U O A U R O S S I M
G D S S C R S T M I A
E I I Y E I Y P N C D
N V A Z D T S N B I A
N B A I Z O H S I V E
A J E N N E R B E A E
Y O C O U C E B L J R
R A S C A L K A L E Y



Ashlee Simpson



Avicii



Brody Jenner



Dizze Rascal



Evan Ross



Jessica Biel



Kaley Cuoco



Kristen Stewart



Lauryn Hill



Ryan Adams



Seth Rogen



Zosia Mamet

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SUDOKU

Fill in the blank squares so that every row, column and 3x3 square contains all numbers from 1 to 9.

		3						
	5			1	2			
8				3				
			1	5			7	
2	9				3	5	1	
1	8				4			
6								7
	1		4	9			2	
		9	2	7		1		

Winners

O	E	A	E	L	L	S
D	A	N	N	I	B	R
H	D	O	B	S	A	U
R	S	E	L	L	C	A
O	D	I	A	N	A	O
S	K	N	W	P	A	C
A	P	A	I	N	T	E
E	R	O	S	C	O	K
D	A	T	E	L	I	E
C	A	R	L	O	E	L
S	M	Y	S	E	L	F
W	H	Y	R	B	E	T
I	B	O	A	S	T	E
S	A	T	U	R	N	A
N	T	E	N	S	I	N
A	P	P	R	A	N	D
U	S	A	A	R	T	S
N	T	R	I	V	E	T
P	O	O	L	N	O	R
U	A	R	E	E	X	P
U	T	E	S	D	U	D

Picture quiz answers

A Ruby Rose B Khloe Kardashian
C Katy Perry D Rihanna
E Miranda Kerr

Crozzle No. 40/15

J. Whelan
Pioneer Bay, Vic

Solution

Simon Cowell

Who Am I? No. 40/15

O. Semkowski
Sunbury, Vic

Solution

Uma Thurman

Name That Star No. 40/15

J. Whelan
Pioneer Bay, Vic

Solution

Reese Witherspoon

Last week's Sudoku

5	7	3	2	4	6	8	9	1
4	9	6	3	8	1	7	5	2
8	2	1	7	9	5	4	6	3
3	5	9	4	7	2	6	1	8
6	1	2	8	5	9	3	7	4
7	8	4	1	6	3	5	2	9
2	6	5	9	3	4	1	8	7
1	4	7	6	2	8	9	3	5
9	3	8	5	1	7	2	4	6

PHOTO Quiz

SLICK KICKS
Whose trendy
trainers?



A



B



C



D



E

CHOOSE FROM THESE CELEBS!
Katy Perry, Miranda Kerr, Ruby Rose,
Khloe Kardashian, Rihanna

CROZZLE

Win
\$250

Disney film about a boy-puppet	Actor Mr Schreiber	— Travolta, actor	Bitterly cold	Chris —, <i>Star Trek</i> actor	— Mercurio, actor	Italian sauce	Ignorant, insensitive	Boils slowly						
					High cards									
Pete —, TV chef	Pictured Ms Adams	Alternative to a lift	Up till now	Exploded	Kitchen appliance									
			Affirmative answer		Behind time									
For what purpose?	Inns	Item of neckwear			African 'river horse'	Grass similar to wheat	Boar's mate							
		Pulsates		Sharp spikes on a rose				Half a score						
Doorman	Top part of an apron			Climbing evergreen		Sea-going vessel	Female fowl	Constituent of mortar	Tree mammal		Publicly recommend	Christian —, <i>Batman Begins</i> star		
			Monologues						Dad					
Come face to face	Remains of anything burnt			Married woman's title	Defeat and put to flight	Given a new title						Modern Persia		
			Have a duty to render	— Freeman, actor				Malevolent	Lazes	Be in competition				
Notable age	Sharp, tart	— Kendrick, US actress			Juries	Dwell, live	Magazine chief						Centre of the hand	
		Farm enclosure		Jet of fluid	Pair, couple			Top —, motoring show	Small truck	Put a ceiling on				
Page within a page					Consumed		Pictured celebrity, Ms Rancic							
Remitted														
			Came first			Slim, graceful					Beverage	Breathes out		
Authority (3-2)				Band of criminals	Natalie Portman's birthplace	Volcano in Sicily	Have a high regard for							
				Powerless aircraft					Feels	— Meagher, actor	Section of garlic	Bring (pressure) to bear		
				Article of value					Pain in the head					
				Tropical lizard	World superpower (inits)	Holy sister	Goal's mesh		Little vegetable	Slack	Possessed			
								Door's observation glass						
	Riches, affluence	Witness				Andy —, Aussie comedian		Affirm						
							Least happy							

to enter

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The BIG NW turn on



Baby belle

"Thank you for all the love, I am so blown away," she captioned this throwback snap on Instagram.



MUSIC

Adele NO MORE drama!

The singer promises less heartbreak on her third album

Just in case you haven't noticed, **Adele** is well and truly back!

But things are a little different this time around. For starters, she promises you'll be able to listen to her latest album 25 – her first in four years – without sobbing your way through a multi-pack of tissues, because unlike 19 and 21, this is not a heartbreak record!

In fact, the singer says it's a "make-up album" – despite how dramatic the first single *Hello* sounds. Yep, after welcoming son **Angelo** with partner **Simon Konecki** in 2012, Adele has

better things to worry about these days than stupid boys!

"I used to f**king love the drama of all of it, but now I'm a mum I only have so much head space," says the star, who's ditched the rage by thankfully still has the mouth of a trucker. "I've got to clear a lot of stuff the f**k out."

But isn't *Hello* about an ex?

"It's not about anyone specifically," she says. "It's about myself, it's about my family. It's also about my fans as well. I feel like everyone thinks

I'm so far away and I'm not. I feel like everyone thinks I'm so far away and I'm not."

As for the long wait between albums, Adele admits it was a bit tricky juggling nappies with scribbling down lyrics.

"It's f**king hard. I thought it would be easy," she says. "Everyone f**king does it, how hard can it be? Ohhhhh... I had no idea. It is hard but it's phenomenal."

Too effing right!

25 is out Nov 20

BATTLE OF THE BOYS

Get ready for a showdown – **One Direction** and **Justin Bieber** are releasing their albums on the same day! According to producer Julian Bunetta, 1D's first effort without **Zayn Malik**, *Made In The A.M.*, sees the lads step "outside of the perimeters of what a traditional pop boy band would do". Intriguing! Meanwhile, Biebs has described their release date as "a strategy" because he got there first. "It's gonna be fun," he says. "I'm excited to see what happens."

Both albums are out Friday

Her track lists say it all!



THE OLD ADELE

- Melt My Heart To Stone
- Cold Shoulder
- Rumour Has It
- Rolling In The Deep
- Set Fire To The Rain



THE NEW ADELE

- Hello
- Sweetest Devotion
- Remedy
- Love In The Dark
- When We Were Young
- Water Under The Bridge







Daniel Craig is the only 007 to have had more vodka martinis than on-screen kisses.



After missing out on a role in 1997's *Tomorrow Never Dies*, *Spectre*'s **Monica Bellucci**, 51, becomes the oldest Bond girl in the franchise's history.

A staggering 107 make-up artists were required to work on 1500 extras for the opening scene.

As a star and producer, Daniel Craig is set to make more than \$55 million!

Bond girl **Lea Seydoux** describes her character Madeleine Swann as "Bond's equal".



With **Judi Dench**'s character killed off in *Skyfall*, **Gareth Mallory (Ralph Fiennes)** is the new MI6 head M.

Over all the previous Bond films, 007 has killed a total of 366 people and had sex with 55 women.



Bond now drives the new Aston Martin DB10, which was developed specifically for the film!

Around 400 tonnes of artificial snow was used due to unseasonal weather in Austria.

007 Spectre: The case file

FILM

Rumours the new James Bond movie *Spectre* may be the last for **Daniel Craig** have left us shaken and stirred. But before you rush to the cinema for one last serving of 00-heaven, take yourself on an intelligence-gathering mission with heaps of trivia about the flick...

Spectre in cinemas Thursday



Naomie Harris - who plays Eve Moneypenny - says shooting took place over 228 days



The Hot LIST



TV

TFI FRIDAY

Fifteen years after calling it a day, this zany UK chat show has been given a reboot - and you can always rely on host **Chris Evans** to get the funniest stuff out of his famous guests. **Elton John** and **Julianne Moore** will be paying a visit this week, while **The Maccabees** are the musical guests.

Friday 7.30pm ABC2



TV

MARY: THE MAKING OF A PRINCESS

Love a real-life fairytale? Then you'll be lapping up this telemovie about **Mary Donaldson's (Emma Hamilton)** courtship with **Crown Prince Frederik of Denmark (Ryan O'Kane)** after they met on a night out in Sydney during the Olympics - not to mention the hurdles the Tasmanian had to conquer to become our beloved Princess Mary!

Sunday on Ten at 8.30pm



DVD

THE MINDY PROJECT: SEASON TWO

Relive all the LOLs as **Mindy (Mindy Kaling)** continues her hilarious attempts to get her life on track, from getting in shape to kicking career goals and finding love in the most unexpected places.

Out now on DVD

~J-Law f '**Yep, w** **togo**

Oh, how we love **Jennifer Lawrence**'s clumsy way with words. (And awards ceremonies! She's managed to take a tumble at the Oscars *twice*. Brilliant!)

Case in point, instead of shutting down persistent rumours of a romance with her *Hunger Games* co-star **Liam Hemsworth**, she's let slip that they spooned together on the last night of filming – and **Josh Hutcherson** joined in!

"There's no way to say this that doesn't start rumours, but

Are they or aren't they?

The chemistry between J-Law and Liam at their Hollywood handprint ceremony was next-level.



inally admits ve slept together!"

And there were three co-stars in the bed!

that night we held each other and slept like puppies!" she says with a laugh, before immediately acknowledging her faux pas.

"If it were up to me I wouldn't talk, I would just act!"

But in a world full of perfectly polished movie stars, it's this kind of verbal diarrhoea that's made us fall in love J-Law – who's about to hit screens in *The Hunger Games: Mockingjay – Part 2*.

We caught up with Jen, 25, for the juice on the final flick in the series – which sees her character Katniss lead District 13 against the evil President Snow – as well as her friendships with Liam, Josh and gal pal **Amy Schumer**.

Is it sad for you to be saying goodbye to Katniss? The

changes that happened in my life from doing these movies are so permanent and still with me that I don't think that I'll ever really say goodbye to her. It feels like she's part of me.

The last day of filming with Liam and Josh must have been mega emosh! It was incredibly emotional. You know, we just held each other, we cried, and now it just seems ridiculous because we all hang out. Josh and Liam and I see each other

all the time, so now we feel ridiculous for having cried! But I do miss acting with them. On the last day, I started a whole entire *Hunger Games* group text. So Josh, Liam and I are all on a group text. We live on our own island in LA so I don't really feel the pressures of Hollywood. We're always kind of at Liam's house, drinking wine.

And how did you and Amy Schumer become mates?

I emailed her after I saw *Trainwreck* and said, "I don't know where to get started. I

guess I should just say it

– I'm in love with you!" We started emailing and then it turned to texting. Amy and I are writing a movie together! We play sisters, and we're almost done writing.

We love Katniss's hairdos in the movie. How are you at doing braids yourself? Oh, terrible! I have two brothers and my mum was never one for doing hair. I'm not good. I could braid in an emergency situation. **What will you miss most about *The Hunger Games*?** It's been like school but in a lovely way. And a guaranteed pay cheque – rare in this business!

The Hunger Games: Mockingjay – Part 2 hits cinemas November 19

'WE'RE ALWAYS AT LIAM'S, DRINKING WINE'

J-LAW'S HUNGER GAMES HIGHLIGHTS

1

BEST COSTUME

The film's costumes were never anything less than amazing, but Jen does have a standout. "The wedding dress from *Catching Fire*, because it's understated," she jokes.



2

BEST MOMENT

Volunteering as a tribute for her sister in the original *Hunger Games* film. "That was cool. I loved that scene," she says.



3

WORST INJURY

All that throwing herself in and out of lakes in the second movie didn't come without a price. "I had to jump into stagnant water for a stunt, which caused a double ear infection," she reveals.



4

FAVOURITE PROP

The orange backpack! "I just have so many memories of hiding my phone in there, but I can't have it [because it's in a museum]," she explains.



5

SCARIEST PROP

That'd have to be Katniss's longbow. "I caught it in the grass and it hit me so hard in the chin that I flew backwards," Jen says. Yikes!



And they're
off... to Derby
Day!

#TRENDING

Hey Sam, you're a bachelor anymore

While the cat's
away, cheeky
Sam will play!

There's no doubt *Bachelor* star Sam Wood is head-over-heels with Snezana Markoski!

"I love her and I know I am going to spend the rest of my life with Snezana," says the Bachie, who took his lady to Derby Day in Melbourne for her first ever horse racing experience.

But we had to giggle when he was busted getting friendly with some pretty ladies after Snez went home early. As he necked champers and chatted to

the fillies, it looked just like a *Bachelor* party!

Of course, Snez has nothing to worry about – it was all about her on Melbourne Cup day!

"What a fun day with the girl of my dreams," Sam wrote on Instagram. "We lost money, spilled drinks all over ourselves and laughed our arses off."

Yep, he's backed a winner!

**Snez is
a flirt, too!**

Season One Bachie
Tim Robards
seems impressed
with Snez's, er,
form!



BETHENNY DOES BEVERLY HILLS

It's always a treat when reality shows collide, but with bolshie *Real Housewives Of New York City* star Bethenny Frankel heading for the hills – the Beverly Hills franchise, that is! – it's a dream come true!

Yep, we hear the SkinnyGirl mogul appears in the next season when the West Coasters hit the Hamptons – and she doesn't mince her words!

"Bethenny filmed a cameo this summer when several *RHOH* cast members were in the Hamptons as she has a home there," spills a source. "She and Kyle [Richards] are old friends so it made sense for them to see each other. Bethenny was Bethenny. She wasn't afraid to speak her mind."

Bethenny
and Kyle
are mates
from way
back



Is Vicki going
bye-bye?

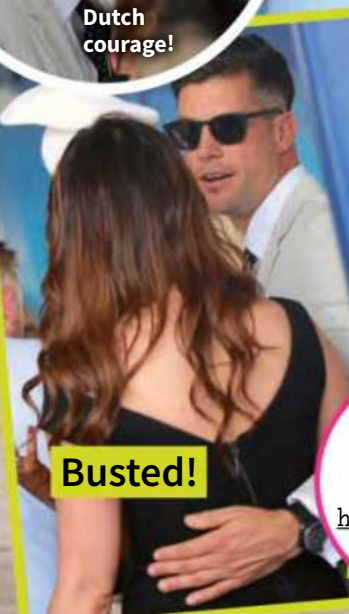
ING

What we're
buzzing about
this week!

e not
more!



Dutch
courage!



Busted!

**Touchy-
feely**

Sam got very
hands-on with his
admirers!

Photos: Diimex

Slow down!

Lucky lady!



BRANDI snaps!



Ask an
honest question,
get an honest answer from
NW's straight-shooting
agony aunt Brandi Glanville!

Dear Brandi

I love my best friend but she is always stealing my mates! She's single and overly friendly and has started hanging out with friends of mine behind my back. Can't she find her own friends to hang out with? It's getting on my nerves!

Jackie, Perth

"Jackie, I hate to break it to you but we are not in third grade anymore and people can *not* be stolen from one another. Why wouldn't you want all your friends to get along? It's especially great for my friends – when I have the kids and am unable to hang out, I tell them to call one of our mutual friends so they don't end up sad and alone. We should all want our friends to be happy, loved and not lonely! Life is short and your friends usually last longer than the romances you might go through."



Dear Brandi

My boyfriend and I have great sex and he's always told me he was going to take me to different 'bases'. Now he says I'm ready for the next stage, which is a threesome! I love how adventurous he is, but I think I'd get jealous if we were joined by another girl. I just don't want him to think I'm boring, so I told him I'll think about it. What should I do? Sarah, Qld

"Sarah, I may not have the typical response to this type of question, but I say go for it. It's been a year and he is following through with what he originally told you. Threesomes can be fun for the both of you if you respect one another and put parameters on what the two of you expect from the experience. Give it a try and if you don't enjoy it, let your partner know. I would rather a guy be honest and open about his sexual desires and take me along for the ride than have him sneak off behind my back and cheat on me."

**Ask Brandi
anything... Yes,
ANYTHING!**

email us at
NW@bauer-
media.com.au



'IT'S VICKI OR US!'

RHOOC LADIES REFUSE TO CARRY ON WITH CO-STAR

She might be the veteran, but Vicki Gunvalson's future on *The Real Housewives Of Orange County* is in doubt! Yep, it seems her castmates Shannon Beador, Tamra Judge and Meghan Edmonds (above) are refusing work with her after the Season 10 reunion, when she finally admitted her "gut" instinct

is that her ex Brooks Ayers lied about having cancer.

As our columnist Brandi Glanville tweets, "None of the orange county housewives want to shoot with Vicki ever again yet without her they wouldn't have had a show this season."

**RHOOC: Brooks Tells All 8pm
Sun on Arena**



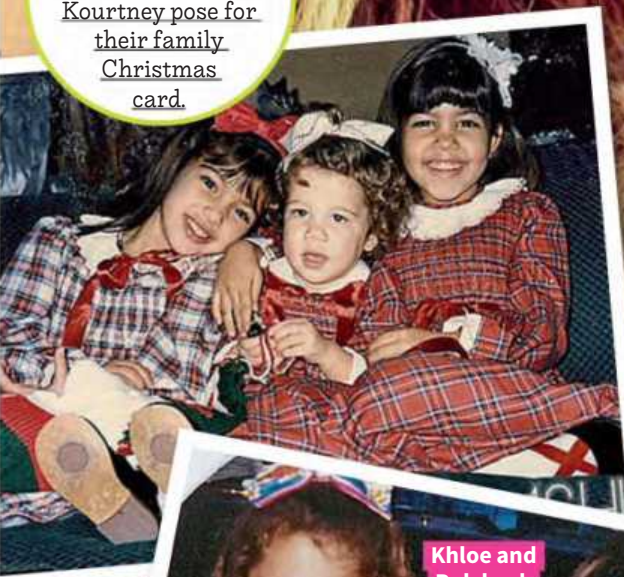
Lamar

An insecure child,
an invisible sister and
a heartbroken bride – our
favourite Kardashian shares
her sad but inspiring story

**EXCLUSIVE
EXTRACT!**

Kardash kiddies

Kim, Khloe and
Kourtney pose for
their family
Christmas
card.



**Khloe and
Rob back
in the '90s**



HEALING NEW BOOK

set me free'

Throughout constant rumours of vicious fights, shattered dreams and broken promises, Khloe Kardashian has maintained a dignified silence about her split from Lamar Odom.

So desperate was she to protect the man she loves that even in the face of reports of his repeated infidelity and drug use – which culminated in his frightening near-fatal overdose at a Nevada brothel last month – she kept her agonising heartache to herself.

Until now, that is – the 31-year-old is finally ready to open up, sharing her innermost thoughts and feelings in her new book *Strong Looks Better Naked*.

In this exclusive extract, Khloe – who's in the best shape of her life after channelling her emotional turmoil into exercise – relives the torment of her childhood and lifts the lid on how she *really* feels about the collapse of her marriage to Lamar...

A DIFFICULT CHILDHOOD

Taller and more curvaceous than her sisters, for as long as she can remember, Khloe has felt like the odd one out. Viewing food as a source of comfort when the going got tough, her journey to self-acceptance has been a hard-won battle.

As a kid I was into sports; soccer when I was really young, and basketball and volleyball

in middle school and beyond. I was always a little overweight, too. Whenever I was stressed or struggling with emotional issues, no matter how insignificant, I would turn to food. When my parents got a divorce, for example, I would eat all the time. I guess I created a strange link between stress and food.

Of course, when my sister and I started getting attention, people tended to refer to me as the fat Kardashian, or the ugly sister, and I good-humouredly bought into it.

Okay, if you say I'm the fat one, I'm the fat one. I'm the fat funny one.

When I was about 12 and was attending private school in Los Angeles, one of the new teachers couldn't believe that Kim and Kourtney were my sisters. "You're really related to

those girls?" she asked, incredulous. And I kept saying, "Yes, they're my sisters."

"Same set of parents?" "Yes!" I couldn't understand why she was questioning it. It didn't fully register at the time, but later, when I thought about it, I found it incredibly hurtful. She might as well have said, "Those two are in another league. You got left behind." Were my sisters really so much more beautiful than me?

My father wiped away my tears and said, "Let me →

Easter with their late father Robert



Daddy's little girl

Khloe says

Robert was always there for her when times were hard.



Smile, KoKo – it's your birthday!



'WHEN MY PARENTS DIVORCED I ATE ALL THE TIME'

'Thank you to Lamar for giving me some of the best years of my life and for everything you taught me about being strong,' Khloe writes in the acknowledgments of her new book. 'Before I met you I felt invisible, and after I felt seen.'



For all her troubles, Khloe looks better than ever!

tell you something, Khloe. You've always had to fight a little harder than your sisters for everything, and as a result you are much stronger, than either of them.

"In fact, you're the only one I'm not worried about. You have more inner strength than you can imagine, and I promise you this: You are always going to land on your feet."

My father Robert Kardashian passed away on September 30, 2003. I was 19 at the time, and to say I didn't handle his death well is an understatement. I didn't turn to drugs, but I certainly drowned my sorrows in drink, and the partying soon got out of hand. I was underage drinking and behaving recklessly in clubs and at private parties, and I found myself surrounded by people who didn't have my best interests at heart.

I didn't end up in rehab or anything, because Kourtney put her foot down and forced me to take control of my life, but I probably came close.

WHIRLWIND COURTSHIP

Things finally changed for Khloe when she met then-LA Lakers basketball star Lamar Odom at party in August 2009. Their connection was instant and after just a month, Khloe tied the knot with the love of her life...

We were very happy, I mean, Lamar and I had such a strong connection that we were married exactly 30 days after we met.

We loved the idea of being husband and wife, and most of the marriage was really great.

This might sound like a cliché, but when I fell for Lamar, I remember feeling truly complete... I loved being married. I loved having a family. I loved waking up in the morning and having a purpose. I loved Lamar's kids, too, and I tried to be a good stepmother to them.

When I first got married, I felt as if I was really coming into my own as a person. Being a wife completed me. I know it sounds corny, but I loved the whole experience – falling in love, getting engaged, making

'I CERTAINLY DROWNED MY SORROWS IN DRINK'

Betrayed by Bruce

When her stepfather Bruce confirmed he was transitioning to Caitlyn, Khloe reacted with anger...

The world gazed on in absolute amazement as Bruce Jenner became Caitlyn. Those initial subtle changes and hints gave way to a collective gasp as the news was finally confirmed. As we all came to terms with it, the big question was how Caitlyn's family would react. Here, Khloe explains what went down...

I was upset that Bruce hadn't told us about it sooner. And many months later, when Bruce was interviewed by Diane Sawyer, I was even more upset. There were so

Khloe felt she was left in the dark by Bruce

Edited extract from *Strong Looks Better Naked* by Khloe Kardashian, (Simon & Schuster Australia, RRP \$39.99 hardback/\$15.99 ebook)

KHLOÉ
KARDASHIAN

STRONG
Looks Better Naked

a home, taking care of my man, taking care of his kids, etc. Maybe those emotions seem a bit old-fashioned, but they were true at the time and they continue to be values to this day. So, yeah, watching my marriage come crashing down was the absolute worst.

THE END OF THE DREAM

Trouble began to surface when Lamar was traded to the Dallas Mavericks, forcing the couple to uproot to a city where they knew no-one. Already strained over Khloe's battle to conceive, the couple gave up their reality show Khloe & Lamar. And as allegations of Lamar's infidelity and drug use began to swirl, they tried counselling. But it wasn't enough, and in December 2013, an exhausted Khloe filed for divorce.

You can't control other people and you can't control the outcome of situations, and if you think you can, you'll soon discover you're badly mistaken. When it ended, when Lamar left, when it was truly over, things didn't get any easier. When I got

married, I was no longer simply one of the Kardashians; I had my own life and a separate identity. I had broken free. I was an adult (finally).

In sharing my life with Lamar, I felt as if my entire world had become greatly enriched. But with Lamar gone, it was as if I'd taken a giant backward step. I was back to being Khloe, but a somewhat more "damaged" version. And as much as I loved my family, losing Lamar had left me horribly adrift.

Toward the end of my marriage, things began to get unbearably painful. I didn't reach the levels of misdirected anger that I'd experienced after my father died, but I was in a very bad place, and he was in a worse place, and we both realised we weren't going to get anywhere by holding hands and singing *Kumbaya*. So we went to couples counselling and we finally began to come to terms with the fact that the marriage was pretty much over. I was truly heartbroken. ■



A whole new you

Khloe's bittersweet initial reaction to Cait has since turned to tears of joy.

many things he didn't share with us, things we found out that night, along with 16.9 million other Americans, and that hurt. We were family. Didn't we have the right to know?

There were so many intimate details he shared with Diane Sawyer, and with the world, that I felt betrayed. He had been a part of my life for 26 years and I thought I deserved more.

I had lost my father, and now I was losing Bruce. Bruce wanted

to be a woman and I could only imagine the battle raging inside his soul. My heart went out to him. But I saw the transformation as a huge loss.

Nowadays, whenever I'm with Caitlyn, there are times when I feel like crying with happiness. She's free. Never in my life have I been witness to such a monumental transformation.

WELCOME BACK KUWTK

We've missed you!

With the new season about to land, take a sneak peek at what we'll have to keep up with!

1 SCOTT BREAKS DOWN

His touchy-feely vacay with ex Chloe Bartoli cost Scott Disick his nine-year relationship with Kourtney. Having also lost both parents within three months of each other, the troubled star – who's now entered rehab – is desperate for a second chance, sobbing, "It's been a really hard time going from like, having all you guys to having nobody. I made the worst decision I could ever have made in my life."

2 WHAT'S KENDALL'S BEEF WITH TYGA?

It's time for a girls' vacay, so when Kylie invites boyfriend Tyga, Kendall's upset. "I was really looking forward to this trip to hang out with you," she tells her baby sis. But is there more to her reaction than meets the eye?



3 WEDDING BELLS FOR KRIS?

Engagement rumours continue to swirl around the matriarch and her toyboy Corey Gamble, so there's every chance we'll see the 36-year-old put a ring on it!

Keeping Up With The Kardashians
Season 11 premieres on Nov 16 1pm, repeated 9.30pm on E!



4 IS KIM GOING TO BE OK?

She suffered pre-eclampsia while pregnant with North and may need a hysterectomy after her son arrives next month. But they're not the only health woes heavily pregnant Kim's facing!

5 WHERE'S CAITLYN?

As her own show *I Am Cait* is commissioned for a second season, Caitlyn's busy being fabulous in Malibu. But we hear she'll still play a part in *KUWTK*. "Kris and Cait know that they both need each other for the shows' successes," an insider reveals.



Yep, we see you!

STAR SPY

SQUAT GOALS

As Jennifer Lopez takes to the stage at the Megaton Mundial de Polito Vega festival at New York's Madison Square Garden, she may need to work on her mic technique. It seems she's confused her mouth with a very different part of her anatomy...

'Like my new ventriloquist act?'

'Oops, that's one of my special photos!'



'Don't be afraid to dream big!'





'Mind the gap? I'll stick my finger in it!'

TRAINING DAY

Katie Holmes certainly knows how to keep it real. As she ditches the chauffeur and takes the New York subway to the Through The Lens lunch for women in film, Katie's just like the rest of us. Well, kind of - most of us don't tend to have celeb hairstylist DJ Quintero on hand...

Photos: Dimex

BREAST WISHES

It's all coming up Anna Faris - she's a star of the screen, a mum, a wife and a hottie to boot. So what's with the apparent body issues as she leaves a Jimmy Kimmel Live! taping in LA? Anna, if we were you, we'd be leaving 'em just where you found 'em.



'But I do enjoy being able to see my feet...'



'Bloody static electricity'

HAIR IN THE AIR

Doll, you look like a troll with the wind in your hair - or is it your hair in the wind? As Gwyneth Paltrow does the mad dash to the plane at New York's JFK Airport, it looks like it's her locks that are taking flight. Let's hope her roots aren't consciously uncoupling from her scalp!



He can Drake a joke!

He's the butt of a thousand online memes, but the good-natured rapper clearly lives by the age-old maxim "If you can't beat 'em, join em!"

CAN'T MOVE LIKE JAGGER

After GIFs mocking Drizzy's dorky dancing in the *Hotline Bling* video went viral, the rapper reposted a clip poking fun at his two left feet. Humility – bless!



EAT MY DUST

When cameras caught him cleaning the lint off his pants as he sat courtside at a basketball game, Drake returned a week later to hand out rollers with his label's logo printed on them. Way to roll with it!

MASTER OF DISGUISE

On *Jimmy Kimmel Live!*, Drake went incognito and asked members of the public what they really think of him. "I don't like Drake," said one. "I think he's an actor – he's not a real rapper". Drake's response? "I agree."



SUCH A SOFT TOUCH

Referencing his rep for being an overly sensitive romantic during his June set at the Governors Ball in New York, the Canadian rapper joked, "You know me, I gotta sing about candles in the bath and s**t."



Festive fashions

Romeo, Cruz and Victoria attend the campaign launch in London.

Photos: Copyright Burberry/Testino



Katie and Kourtney could be twins!

INTRODUCING KATIE KARDASHIAN!

Has Katie Holmes been keeping her real roots a secret? When she posted this first-grade throwback snap (left) last week, we couldn't help but notice the uncanny resemblance she bears to Kourtney and Kim Kardashian at a similar age! Hmm... Krazy coincidence or conspiracy theory cracked? That olive complexion and deep brown eyes make her a dead ringer for the Kardash kuties!



Mr Corden falls into line...



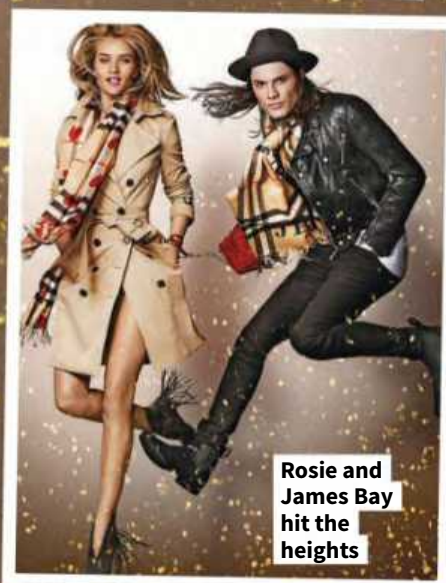
Naomi's feeling the Xmas spirit!

-berry outside

It's beginning to look a lot like Christmas! We're resisting the urge to deck the NW halls with tartan after luxe Brit brand Burberry gave us an early prezzie via a stellar festive campaign video.

Paying homage to feelgood flick *Billy Elliot*, the cheery clip features the likes of Romeo Beckham, Naomi Campbell, Rosie Huntington-Whiteley, James Corden and singers James Bay and Elton John jumping for Yuletide joy in the brand's latest designer duds. Talk about high fashion!

Now what do we have to do to get off Santa's naughty list and score a trench?



Rosie and James Bay hit the heights



Rose's all-star BABY BUMP DEBUT!

Confirming Hollywood's worst-kept secret in the cutest of ways, a clearly preggers – and glowing! – Rose Byrne let her burgeoning bump do the talking on Instagram last week. Yep, the Aussie mum-to-be – who's dating US actor Bobby Cannavale – posted a snap from a girls' night out with Lena Dunham, Julia Louis-Dreyfus, Amy Schumer and stylist Leesa Evans. And despite all the famous faces, the 36-year-old's belly was clearly the centre of attention!

RUMOUR has it!

Bradley Cooper is a notorious scrooge



FALSE

The hunk is actually a very generous tipper. "For a £120 meal... I'd tip probably £30, or £35," he told a UK radio station. "Yeah, that's about right!"

Gwyneth Paltrow wants to double-date with Chris Martin



TRUE

Gwyn's planning a Thanksgiving holiday with her ex, his new flame Annabelle Wallis and her man Brad Falchuk. Awks!

Kanye West spends over \$250,000 a year on haircuts!



TRUE

According to Rihanna's dad, Yeezy gets his hair buzzed every day – and pays his barber \$700 each time!

WAIT!
there's
MORE!

WEST KNOWS BEST

1. THE ROOM MUST HAVE A GENELECS IOBIA SPEAKER, WHICH WAS DISCONTINUED 10 YEARS AGO. HA, GOOD LUCK FINDING ONE!
2. MINT DENTAL FLOSS
3. CARTONS OF KASHI GO LEAN CEREAL
4. ALL VASES MUST BE CYLINDRICAL — NO OTHER SHAPE!
5. BLACK TOWELS
6. A BOOZE LIST THAT INCLUDE 13 BOTTLES, TOTTALLING \$4500



Kanye and Jay Z's

Divas Demands

With their hotel-room riders riddled with diva directives, it seems Kanye West and Jay Z are even more demanding than their respective wives Kim Kardashian and Beyonce! Yep, from no vacuuming around Jay to spoils of

dental floss for Yeezy — because, you know, he just loves to flash those pearly whites — the rappers' requests are way pickier than we ever expected! But hey, when you have enough dough to satisfy any whim, why not?!

THE ONLY WAY IS JAY

1. ARMAND DE BRIGNAC ACE OF SPADES CHAMPAGNE MUST BE IN THE ROOM, BUT SINCE HE OWNS THE COMPANY, HE CAN'T BE CHARGED.
2. THREE BELLE FLEUR MAYAN TUBEROSE—SCENTED CANDLES, WHICH COST \$112 EACH
3. NO VACUUMING WITHIN EARSHOT
4. ROOMS MUST BE 21° CELSIUS
5. TO "AVOID EMBARRASSMENT", STAFF MUST NOT ASK FOR FREE CONCERT TICKETS
6. ONLY ORGANIC WHOLE MILK FOR DAUGHTER BLUE IVY.



The WEEK in NUM3ER5

\$14K

The cash Justin Bieber offered an employee of BBC Radio 1 to bring him a beer while doing an interview with the UK station.



22

The bathrooms in Robbie Williams's new Beverly Hills mansion.

\$280K

The price Lady Gaga paid at LA's amfAR Inspiration Gala auction for a photo of the late Elizabeth Taylor giving both middle fingers to Shirley MacLaine.



\$645,000

The amount George Clooney splashed to open a London branch of wife Amal's fave LA sushi restaurant Asanebo.

HARPER MAKES HER MARK!

Victoria Beckham could have a future tattoo artist on her hands. Her hunky hubby David has taken to Instagram to show off his latest ink – courtesy of their four-year-old daughter Harper!

“Apparently Harper is allowed to scribble on daddy,” the soccer star captioned the pic. The little girl’s got skillz!

‘Harper is a true little artist,’ Posh gushed on Instagram



They said what?!



“It’s not a vaginas-only club.”

Ed Sheeran confirms his penis hasn’t stopped him joining good pal Taylor Swift’s famous squad.

KYLIE GETS FREAKY

‘You look scary, yo. That sh*t looks crazy,’ said Tyga of Kylie’s transformation



We hear Kylie asked to be in the video as she didn’t want sexy model Nicole Williams playing Tyga’s gal!

What’s Kylie Jenner gone and done to her mug now? Sure, we’re used to the reality star totally transforming her famous face, but in a new behind-the-scenes clip posted on her website, Kylie gets made up as a decaying zombie! And it turns out her bloody makeover is all for boyfriend Tyga’s new *Dope’d Up* music video – in which the pair play lovers – on a date that turns into a nightmare... Sacrificing her looks for her love? Girlfriend Of The Year is in the bag!



“The more crap I ate, the stupider I got.”

Let’s hope Snooki doesn’t expect to become a member of Mensa now that she eats her greens.



“It’s just so high. I have to grab my balls. It’s awful.”

Sam Smith “almost” regrets penning *Writing’s On The Wall*, the theme song for the new James Bond film *Spectre*.

LUCY'S STILL FLAWLESS!

Xena, is that you?! We may have had trouble recognising Lucy Lawless with her new blonde locks, but it seems years of kicking arse in ‘90s cult show *Xena: Warrior Princess* was the key to eternal youth. Appearing at the premiere of her new comedy-horror series *Ash Vs Evil Dead* in Hollywood, the 47-year-old Kiwi doesn’t look like she’s aged a day!



As Xena in 1997



18 years later, she’s still got it

WAIT!
there's
MORE!

**Work
of art**

Forget what's on
the walls – Irina's
body is the real
masterpiece!

Meet the new face
of L'Oréal

SHAYK IT, *baby!*

Who knew the art gallery could be so sexy? Supermodel Irina Shayk shows beauty and brains go hand in hand during her sizzling shoot for Clover lingerie. No wonder beau Bradley Cooper can't keep his mitts off her!

What's more, the Russian stunner has just been announced

as L'Oréal Paris's latest celebrity spokesmodel!

"It's such an honour to be a L'Oréal Paris ambassador and to be among such a powerful, smart, hard-working and extraordinary group of diverse women," she gushes.

Hey, she's worth it!

PAGING DOCTOR ADELE

Her ballads are known to heal hearts in an emotional sense, but when she was growing up Adele wanted to fix people's tickers for real.

The British singer tells *i-D* mag that she was set on becoming a heart surgeon until she discovered boys and "gave up on it".

And the one job you couldn't pay her to do? Pose nude for *Playboy*!

"I've been asked... so many f**king times, it's ridiculous!" she tells *Rolling Stone*.

REMEMBER
WHEN...

Lena Dunham tried to get laid in college by dressing as a mermaid for Halloween! The *Girls* star ran this snap in her *Lenny* newsletter, writing, "I was pretty sure this look would lead to the loss of my virginity, but mermaids don't have vaginas, and painting my face blue was perhaps a bridge too far."



Lethal woman

Cara comes out with guns blazing in the new *Call Of Duty* trailer!

Cara kicks butt!

Is Cara Delevingne gunning for a *Lara Croft: Tomb Raider* reboot? It sure seems that way if her surprise appearance in the *Call Of Duty: Black Ops III* trailer is anything to go by. Donning a sexy leather outfit and wielding a pair of handguns, the Brit babe takes on – and defeats! – the most feared player of the game, an average Joe named Kevin. “Casually kicking ass in COD... Add that to my resume,” she captioned a badass Instagram pic of herself in the trailer. Girl power!



Not even couture guru Karl Lagerfeld can resist Kim Kardashian – the Chanel mastermind is the latest A-lister to join her hit gaming app Kim Kardashian: Hollywood!

“Beyond excited to welcome the one and only @KarlLagerfeld and his gorgeous F/W collection to the #KimKardashianGame!” she tweeted last week.

What’s more, the game allows users to shop at Karl’s virtual Paris boutique – which is just about the only way we’ll ever be able to afford his clothes!



Virtual designer

Karl helped create his avatar, from his hair down to his finger gloves.

The Rollercoaster Of Love

LOVE KEY

IN LOVE

NEEDS WORK

IT'S OFF

RIRI & TRAVIS

Things are getting serious between Rihanna and her boyf Travis Scott. According to her dad Ronald Fenty, RiRi's taking Travis home to Barbados for Christmas! “I’m going to rough [Travis] up a bit,” he says about meeting the rapper. “He’s a toy boy – and not even that pretty!”



OLIVIA & JASON

Olivia Wilde's red-carpet PDA with Alexander Skarsgard at the Savannah Film Festival has her babydaddy Jason Sudeikis seeing red – or is that green? “Jason's paranoid about Alex,” spills our insider.

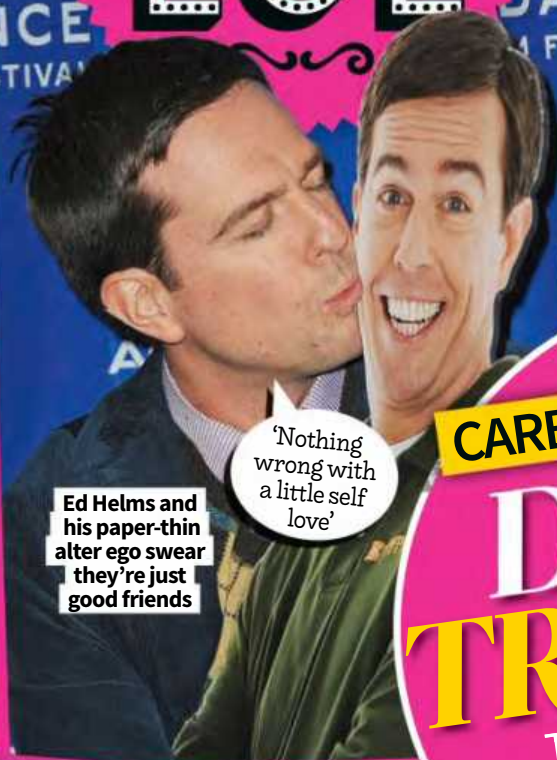


MATT & LUCIANA

Cracks are showing in Matt Damon's 10-year marriage to Luciana Barroso, and their constant fighting over his bromance with newly single Ben Affleck is reportedly to blame. Noooo!



Last LOL



Ed Helms and his paper-thin alter ego swear they're just good friends

'Nothing wrong with a little self love'



Doesn't Gordon Ramsay know that too many cooks spoil the broth?

'What do you mean I'm f**kin' two-dimensional?'



Kendall Jenner's suddenly feeling a little overdressed

'Someone get this poor girl a towel!'

CARBON-COPY CELEBS

Double TROUBLE

These stars love posing with their cardboard counterparts – even if they do look a little flat!



'Gorgeous, isn't he?'

Don't get such a big head, Scott Eastwood!



'What a show pony!'

Channing Tatum feels the magic's been lost a little



Hailey Baldwin's happy to give herself a few pointers

'I'm, like, way hotter in the flesh, right?'



'Spring racing? I've picked a winner'

Jennifer Lawrence thinks her super-sized face is a little on the nose



HAIR COLOUR REWIND

ColourB4 Hair Colour Remover is a safe and effective way to remove undesirable hair colours or colour build-up in the comfort of your own home. Available from Coles and Priceline.

Visit colourb4.com



SALON SMOOTH

For salon-perfect smoothness at home, Veet Spawax is your new professional quality wax warming kit that melts the wax and maintains it at the ideal temperature. Veet Spawax Stripless Wax Warming Kit, RRP \$59.99. Veet Spawax Stripless Wax refills, RRP \$14.99. Available at all leading supermarkets and pharmacies.

Visit veet.com.au



ANTI-DANDRUFF HAIR COLOUR PROTECTION

Specially designed to address the common misconception that anti-dandruff shampoos can strip your hair colour, Head & Shoulders Glossy Colour contains special glossy care that works to protect colour-treated hair and retain shine, leaving hair looking brilliant and up to 100% flake free*. RRP \$12.49, 350ml.

Stockists: 1800 028 280. Available at all major supermarkets, pharmacies and grocery stores.

Visit facebook.com/headandshouldersANZ

**Visible flakes only, with regular use.

NW
*Needs,
Wants,
Buys!*
Check out this week's
best new products!



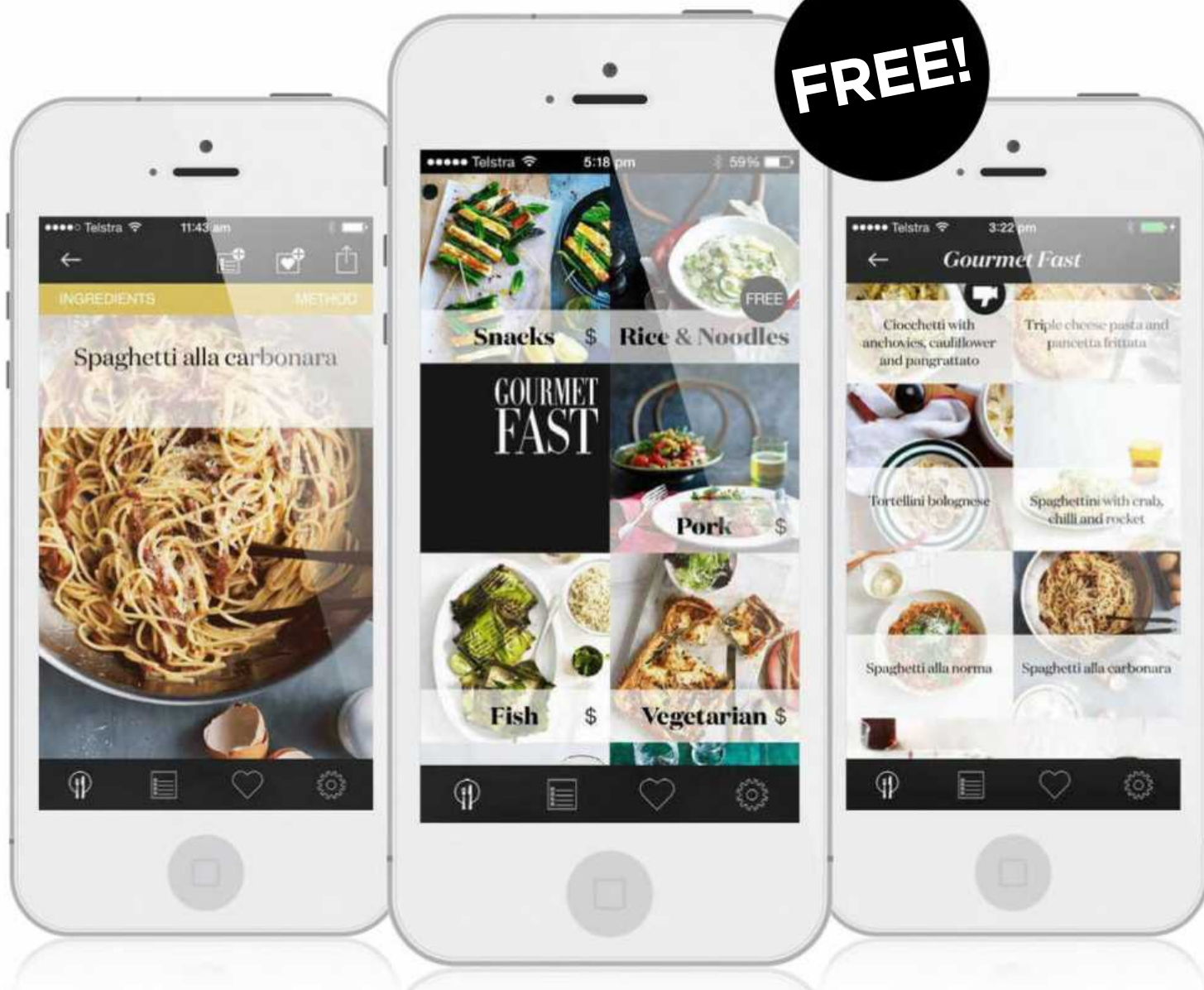
SOFT ON HANDS, HARD ON GERMS

All-new Dettol Liquid Hand Wash is gentle on your skin, while it gets rid of germs – killing 99.9% of germs and moisturising your hands for up to three hours.



BIG ON FLAVOUR,
SHORT ON EFFORT

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